



# BOWRAL HOUSE

Luxury Aged Care Living



**THOMPSON**  
HEALTH CARE



## Welcome to Bowral House

With **Over 50 Years of Excellence in Aged Care**, the Directors, Management and Staff at Thompson Health Care invite you to discover luxury in Aged Care Living.

Bordering the grounds of Bowral Golf Course, residents enjoy the picturesque views of the lake and lush green fairway, while being close to the heart of Bowral Village within the beautiful, historic Southern Highlands.

Offering luxurious, interior designed accommodation with 71 high care, permanent and respite place with 24-hour Registered Nursing Care.

Enjoy the **spacious, beautifully appointed single and double suites**, each with its own private ensuite, large windows, allowing natural light to flow in, with views over landscape designed gardens, courtyards and the fairway.

Our team of dedicated, professional staff are passionate about providing the **highest standard of personal care and service** within a happy, safe and nurturing environment. We recognise individuality, personal interest and encourage independence.

**Individual care plans** are carefully devised and all residents have a choice of their own Doctor and onsite access to allied health professionals, including dental, physiotherapy, podiatry, optometry, massage and aromatherapy.



“Residents don’t live in our facilities,  
we work in their homes”

*Doug Thompson*





## Dining experience

Meals are prepared by our in-house professional chef using fresh, seasonal produce and served in one of our many dining rooms or as room service.

Residents are offered a choice of meals at breakfast, lunch and dinner to ensure all tastes are catered for. Our seasonal menu is dietitian-approved.



## Gardens and courtyards

A large, covered balcony, landscaped designed gardens and courtyards provide plenty of outdoor space where residents can either sit quietly in the sun or share an afternoon tea with family and friends.



## Lifestyle and engagement

Our **7 Day Program** is designed with our residents to maintain their health and wellness through a diverse range of activities. From exercise programs, including outdoor walks and games to high tea and happy hour, live entertainment, book club, art classes, relaxation and meditation, bus outings, plus more.

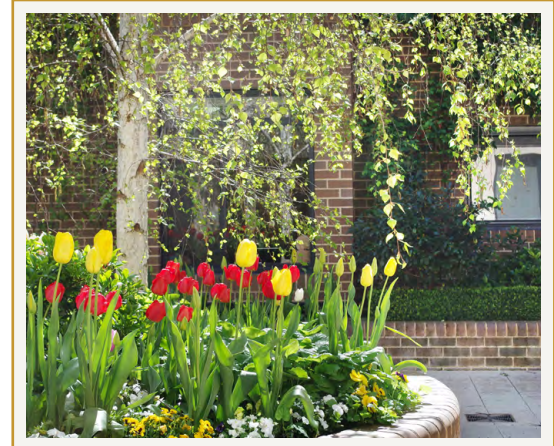
Additional features are our library and hair and beauty salon, all amongst stunning interiors.

Residents can join as many activities as they wish or enjoy the privacy of their own suite.



## Café

Our popular in-house cafe provides a place for residents and visitors to gather and socialise in the company of new friends.





## A Message from Doug Thompson and the Thompson Family

On behalf of my family and everyone at Thompson Health Care, I warmly welcome you to Bowral House.

We have thoughtfully designed this home to be a beautifully appointed residence that supports your lifestyle with comfort, warmth, and the attention you deserve. Our team is committed to upholding the highest standards of personalised care, delivered with dignity and respect — values that are at the heart of everything we do.

It is our privilege to have you as part of the Thompson Health Care family, and we are committed to ensuring your time here is filled with comfort, companionship, and exceptional care.

### Contact Bowral House

87–89 Kangaloon Rd  
Bowral NSW 2576

(02) 4862 8900  
bowralhouse@thc.net.au



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[www.thompsonhealthcare.com.au](http://www.thompsonhealthcare.com.au)

### Head Office

Suite 20 Level 4,  
924 Pacific Highway  
Gordon NSW 2072

(02) 8467 9333  
reception@thc.net.au