



THOMPSON  
HEALTH CARE

# MAY 2026 WELLBEING AND SOCIAL SUPPORT CALENDAR BOWRAL HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p><b>DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE</b></p>	<p><b>Happy Birthday</b></p> <p>6th Cor 7th Eily 18th Moira</p>	<p><b>Happy Birthday</b></p> <p>21st Abraham 26th Yutta 31st Pamela</p>		<p>10.30 Catholic communion 10.30 Visit to Oxley</p> <p>2.00 Story telling</p> <p>2.00 knitting</p>	<p>10.45 One on one visits</p> <p>2.00 Gentle exercise and quiz</p>	<p>Individual visits</p> <p>2.30 Afternoon movie</p>
<p><b>Bob's Parrots</b></p> <p>10.45 Individual visits</p> <p>2.00 Sing along</p>	<p>10.45 Exercise to music</p> <p>2.00 Liam Donovan Concert</p>	<p>10.30 Senior Rights 10.45 Pet therapy</p> <p>2.00 Floral arranging 2.00 Bingo</p>	<p>10.45 - Quiz 10.30 Footy tips</p> <p>2.00 Physiotherapy Falls prevention</p>	<p>10.30 Catholic communion 10.30 Visit to Oxley</p> <p>2.00 Sing Australia choir</p>	<p>10.45 One on one visits</p> <p>2.00 Gentle exercise and quiz</p>	<p><b>MOTHER'S DAY</b></p> <p>10.45 Individual visits</p> <p>2.00 Jill Snow piano recital</p>
<p>10.30 Tai Chi with Anthony 10.45 Individual visits</p> <p>2.00pm Singalong</p> <p>4.00 Frensham</p>	<p>10.45 Exercise to music</p> <p>2.00 Bryen Willems Country music Concert</p>	<p>10.45 Pet therapy 10.45 Conversation group</p> <p>2.00 Great thoughts 2.00 Bus trip</p>	<p>10.45 - St Jude's Fellowship Service</p> <p>2.00 Physiotherapy Falls prevention</p>	<p>10.30 Catholic communion 10.30 Visit to Oxley</p> <p>2.00 Bingo 2.00 Marylou Dreamcatchers</p>	<p>10.45 One on one visits</p> <p>2.00 Women of note choir</p>	<p>10.45 Individual visits</p> <p>2.30 Afternoon Movie</p>
<p>10.45 Individual visits</p> <p>2.00 Sing along</p> <p>4.00 Frensham</p>	<p>10.45 Exercise to music</p> <p>2.00 Happy hour: High tea</p>	<p>10.45 Pet therapy 10.45 Conversation group</p> <p>2.00 Guy Walton</p>	<p>10.45 - Quiz</p> <p>2.00 Footy tips 2.00 Physiotherapy Falls prevention</p>	<p>10.30 Catholic communion 10.30 Visit to Oxley</p> <p>2.00 Bingo 2.00 Knitting</p>	<p>10.45 One on one visits</p> <p>2.00 Gentle exercise and quiz</p>	<p>10.45 Individual visits</p> <p>2.00 Jill Snow Family concert "Theres no business like SNOW Business"</p>
<p>10.30 Tai Chi with Anthony 10.45 Individual visits</p> <p>2.00 Singalong</p>	<p>10.45 Exercise to music</p> <p>1.30 Birthday party with Stan</p>	<p>10.45 Pet therapy 10.45 Conversation group</p> <p>2.00 Bus trip 2.00 Bingo</p>	<p>10.45 - Quiz 10.30 Footy tips</p> <p>2.00 Physiotherapy Falls prevention</p>	<p>10.30 Catholic communion</p> <p>10.45 One on one visits 10.30 Footy tips</p> <p>2.00 - Bus Trip 2.00 Knitting</p>	<p>10.45 One on one visits</p> <p>2.00 Gentle exercise and quiz</p>	<p>Individual visits</p> <p>2.00 Louise Bell</p>