



MAY 2026

SOCIAL SUPPORT CALENDAR - DURAL HOUSE -

THOMPSON HEALTH CARE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>Gym Sessions: by appointment Massage Therapy & Foot spa: by appointment Picnic Bus Trip - Reserve seat @ reception Hornsby Library Visit: Thursday May 21st Scrabble every Friday at 10am GF Lounge Pain Clinic 1:00 Wednesdays and Thursdays</p>				1	2	3
				10:00 Bus Trip w/L1 10:30 Massage/Foot Spa 11:00 Colouring In w/Banksia 2:00 Happy Hour w/ Paul Leventha 2:30 Movie: Grease 3:30 Garden Walk w/Banksia	10:30 Jewellery & Knit & Purl 11:00 Carpet Bowls 1:30 Massage Therapy w/ Banksia 2:00 B I N G O 2:30 Movie: Midnight in Paris	10:00 Movie: Shakespeare in Love 10:30 Coffee & Chat 11:00 Balloon Tennis For LG1 11:00 Songs of Praise 1:30 Café visit w/ Banksia 2:00 Carpet Bowls 2:30 Movie: Muriel's Wedding
4	5	6	7	8	9	10
10:30 Massage/Foot Spa 11:00 Musical Exercises @ LG2 1:30 Bake & Chat @ GF 2:00 B I N G O 2:30 Movie: Miss Potter 3:30 Café Visit w/Banksia	10:30 Meet & Greet Morning Tea 11:00 Yoga Class 11:00 Anvaya Spa 2:00 Gardening with Miles 2:00 Carpet Bowls 2:30 Movie: My Big Fat Greek Wedding 3 3:30 Garden Walk w/Banksia	10:00 Bus Trip w/LG1 10:30 Church Service 11:15 Seated Zumba 1:30 Bus Trip w/LG2 2:00 B I N G O 2:30 Word Games @ L1 2:30 Movie: Moulin Rouge 3:30 One on One w/Banksia	10:30 Catholic Service 10:30 Jewellery & Knit & Purl 11:00 Garden walk w/Banksia 2:00 Carpet Bowls 2:30 Movie: No Reservations 3:30 Hand Massage w/Banksia	10:00 Bus Trip w/L1 10:30 Massage/Foot Spa 10:30 Pet Therapy w/ Summer 11:00 Quoits w/Banksia 2:00 Mothers Day Happy Hour High Te w/ Violinist Jaquline 2:30 Movie: Chocolat 3:30 Balloon Tennis w/Banksia	10:30 Jewellery & Knit & Purl 11:00 Carpet Bowls 1:30 Massage Therapy w/ Banksia 2:00 B I N G O 2:30 Movie: Wonderwoman 1984	10:00 Movie: Charlie St Cloud 10:30 Coffee & Chat 11:00 Balloon Tennis For LG1 11:00 Songs of Praise 1:30 Quoits w/ Banksia 2:00 Carpet Bowls 2:30 Movie: Book Club
11	12	13	14	15	16	17
10:00 Bus Trip with GF 10:30 Massage/Foot Spa 11:00 Musical Exercises @ LG2 2:00 Arts and Craft on GF 2:00 B I N G O 2:30 Movie: The Dish 3:30 Colouring-in w/Banksia	10:00 Movie: Andre Rieu- Sydney 10:00 Banksia attend the Cinema 11:00 Yoga Class 2:00 Gardening with Miles 2:00 Carpet Bowls 2:30 Bus Trip w/LG2 2:30 Movie: The Castle 3:30 Balloon Games w/Banksia	10:00 Bus Trip w/LG1 10:30 Church Service 11:15 Seated Zumba 2:00 Residents & Reps meeting 3:00 Movie: Mona Lisa Smile 3:00 B I N G O 3:30 Colour Sorting w/Banksia	10:30 Catholic Service 10:30 Jewellery & Knit & Purl 11:00 One on One with Banksia 2:00 Carpet Bowls 2:30 Movie: Shanghai Noon 3:30 Balloon Game w/Banksia	10:00 Bus Trip w/L1 10:30 Massage/Foot Spa 11:00 Quoits w/Banksia 2:00 Happy Hour w/ Hugh Moran 2:30 Movie: Walk the Line 3:30 Café visit w/Banksia	10:30 Jewellery & Knit & Purl 11:00 Carpet Bowls 1:30 Massage Therapy w/ Banksia 2:00 B I N G O 2:30 Movie: Bridges of Madison County	10:00 Movie: Mighty Joe Young 10:30 Coffee & Chat 11:00 Balloon Tennis For LG1 11:00 Songs of Praise 1:30 Painting w/ Banksia 2:00 Carpet Bowls 2:30 Movie: Quartet
18	19	20	21	22	23	24
10:00 Bus Trip with GF 10:30 Massage/Foot Spa 10:30 Pet Therapy w/ Pippa 11:00 Musical Exercises @ LG2 1:30 Bake & Chat @ GF 2:00 B I N G O 2:30 Movie: Mickey Blue Eyes 3:30 One on One w/Banksia	10:30 Biggest Morning Tea @ Café 2:00 Gardening with Miles 2:00 Carpet Bowls 2:30 Movie: Pretty Woman 3:30 Quoits w/Banksia	10:00 Bus Trip w/LG1 10:30 Church Service 11:15 Seated Zumba 1:30 Bus Trip w/LG2 2:00 B I N G O 2:30 Trivia @ L1 2:30 Movie: Mrs Doubtfire 3:30 Folding Fabric w/Banksia	10:30 Catholic Service 10:30 Jewellery & Knit & Purl 11:00 Garden walk w/Banksia 2:00 Food Focus meeting 3:00 Movie: Forrest Gump 3:00 Carpet Bowls 3:30 Quoits w/Banksia	10:00 Bus Trip w/L1 10:30 Massage/Foot Spa 11:00 Quoits w/Banksia 2:00 Happy Hour w/ Megan & Alex 2:30 Movie: I Still Believe 3:30 Balloon Game w/Banksia	10:30 Jewellery & Knit & Purl 11:00 Carpet Bowls 1:30 Massage Therapy w/ Banksia 2:00 B I N G O 2:30 Movie: Mao's Last Dancer	10:00 Movie: The Sapphires 10:30 Coffee & Chat 11:00 Balloon Tennis For LG1 11:00 Songs of Praise 1:30 Café visit w/ Banksia 2:00 Carpet Bowls 2:30 Movie: The Lord of the Rings Fellowship of the Ring
25	26	27	28	29	30	31
10:00 Bus Trip with GF 10:30 Massage/Foot Spa 11:00 Musical Exercises @ LG2 2:00 Flower Arranging @ GF 2:00 B I N G O 2:30 Movie: Kate and Leopold 3:30 One on One w/Banksia	10:00 Movie: Opera The Gondolier 10:00 Banksia attend the Cinema 10:30 - 3:30 Picnic Bus Trip 11:00 Yoga Class 2:00 Gardening with Miles 2:00 Carpet Bowls 2:30 Movie: Keeping the Faith 3:30 Café Visit w/Banksia	10:00 Bus Trip w/LG1 10:30 Church Service 11:15 Seated Zumba 1:30 Bus Trip w/LG2 2:00 B I N G O 2:30 Balloon Tennis @ L1 2:30 Movie: Barbie 3:30 Folding Fabric w/Banksia	10:30 Catholic Service 10:30 Jewellery & Knit & Purl 11:00 One on One with Banksia 2:00 Carpet Bowls 2:30 Movie: 007 Quantum of Solace 3:30 Balloon Game w/Banksia	10:00 Bus Trip w/L1 10:30 Massage/Foot Spa 11:00 Quoits w/Banksia 2:00 Happy Hour w/ Ross Hamilton 2:30 Movie: Jumanji: Welcome to the Jungle 3:30 Balloon Game w/Banksia	10:30 Jewellery & Knit & Purl 11:00 Carpet Bowls 1:30 Massage Therapy w/ Banksia 2:00 B I N G O 2:30 Movie: Scarlett	10:00 Movie: Suffragette 10:30 Coffee & Chat 11:00 Balloon Tennis For LG1 11:00 Songs of Praise 1:30 Café visit w/ Banksia 2:00 Carpet Bowls 2:30 Movie: Taming of the Shrew