





THOMPSON
HEALTH CARE

SEPT 2024 ACTIVITY CALENDAR - CHELTENHAM HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30 10:30 Coffee club 10:30 In-Room Word game Distributed 11:00 Excercises to music 1:30 Colouring 1:30 Quoits 2:30 Movie 3:00 Hydration trolley		DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE	Additional activities:- Seasonal Gardening Library visit:- Monthly Walk & Talk (By appointment) Catholic church visit- Fortnightly Aromatherapy :- Wednesdays Hairdresser - Thursdays		10:30 Coffee club 11:00 Excercises to music 1:30 Bingo 2:30 Movie 3:00 Walk and talk	1 10:30 Coffee club 11:00 Excercises to music 1:30 Songs of Worship 
2 10:30 Coffee club 10:30 In-Room Word game Distributed 11:00 Excercises to music 1:30 Colouring 1:30 Quoits 2:30 Movie 3:00 Hydration trolley	3 10:30 Coffee club 10:30 Room visits 11:00 Carpet bowls 1:30 Bus trip 1:30 Bingo 2:30 Movie 3:00 Walk and talk	4 10:00 Bus trip 10:30 Coffee club 11:00 Quiz 1:30 Jewellery making 1:30 Bean bag toss 2:30 Movie 3:00 Board games & puzzles in café	5 10:30 Coffee club 11:00 Excercises to music 1:30 Live music entertainment 2:00 Happy Hour 2:30 Movie- Travel DVD 3:00 Board games & puzzles in café	6 10:30 Coffee club 11:00 Excercises to music 1:30 Carpet bowls 2:30 Anglican online service 2:30 Movie 3:00 Board games & puzzles in café	7 10:30 Coffee club 11:00 Excercises to music 1:30 Bingo 2:30 Movie 3:00 Walk and talk	8 10:30 Coffee club 11:00 Excercises to music 1:30 Songs of Worship 2:30 Movie 3:00 Walk and talk
9 10:30 Coffee club 10:30 In-Room Word game Distributed 11:00 Excercises to music 1:30 Colouring 1:30 Quoits 2:30 Movie 3:00 Hydration trolley	10 10:30 Coffee club 10:45 Catholic church visit 11:00 Library Visit 11:00 Carpet bowls 1:30 Bus trip 1:30 Bingo 2:30 Movie 3:00 Walk and talk	11 10:30 Coffee club 11:00 Armchair travel 1:30 Jewellery making 1:30 Basket ball 2:30 Movie 3:00 Board games & puzzles in café	12 10:00 Bus trip 10:30 Coffee club 11:00 Excercises to music 1:30 Live music entertainment 2:00 Happy Hour 2:30 Movie- Travel DVD 3:00 Board games & puzzles in café	13 10:30 Coffee club 11:00 Excercises to music 1:30 Carpet bowls 2:30 Anglican online service 2:30 Movie 3:00 Board games & puzzles in café	14 10:30 Coffee club 11:00 Excercises to music 1:30 Bingo 2:30 Movie 3:00 Walk and talk	15 10:30 Coffee club 11:00 Excercises to music 1:30 Songs of Worship 2:30 Movie 3:00 Walk and talk
16 10:30 Coffee club 10:30 In-Room Word game Distributed 11:00 Excercises to music 1:30 Colouring 1:30 Quoits 2:30 Movie 3:00 Hydration trolley	17 10:30 Coffee club 10:30 Room visits 11:00 Carpet bowls 1:30 Bus trip 1:30 Bingo 2:30 Movie 3:00 Walk and talk	18 10:00 Bus trip 10:30 Coffee club 11:00 Excercises to music 1:30 Residents meeting 2:30 Movie 3:00 Board games & puzzles in café	19 10:30 Coffee club 11:00 Excercises to music 1:30 Live music entertainment 2:00 Happy Hour 2:30 Movie- Travel DVD 3:00 Board games & puzzles in café	20 10:30 Coffee club 11:00 Excercises to music 1:30 Carpet bowls 2:30 Anglican online service 2:30 Movie 3:00 Board games & puzzles in café	21 10:30 Coffee club 11:00 Excercises to music 1:30 Bingo 2:30 Movie 3:00 Walk and talk	22 10:30 Coffee club 11:00 Excercises to music 1:30 Songs of Worship 2:30 Movie 3:00 Walk and talk
23 10:30 Coffee club 10:30 In-Room Word game Distributed 11:00 Excercises to music 1:30 Colouring 1:30 Quoits 2:30 Movie 3:00 Hydration trolley	24 10:30 Coffee club 10:45 Catholic church visit 11:00 Carpet bowls 1:30 Bus trip 1:30 Bingo 2:30 Movie 3:00 Walk and talk	25 10:30 Coffee club 11:00 Quiz 1:30 Jewellery making 1:30 Bean bag toss 2:30 Movie 3:00 Board games & puzzles	26  Multi cultural Day	27 10:30 Coffee club 11:00 Excercises to music 1:30 Carpet bowls 2:30 Anglican online service 2:30 Movie 3:00 Board games & puzzles	28 10:30 Coffee club 11:00 Excercises to music 1:30 Bingo 2:30 Movie 3:00 Walk and talk	29 10:30 Coffee club 11:00 Excercises to music 1:30 Songs of Worship 2:30 Movie 3:00 Walk and talk