




THOMPSON
HEALTH CARE

OCTOBER 2024 ACTIVITY CALENDAR - ORAN PARK HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE</p>	<p>1</p> <p>International Day of the Older Person</p> <p>10:30 Non-Denominational Church Service 11:00 Resident's Initiated Table Games, Films, Music 14:00 Armchair Travel to Germany 15:00 One on One</p>	<p>2</p> <p>10:30 Morning Exercise 11:00 Trivia & Quiz 14:00 Pamper & Nail Care 15:00 One on One</p>	<p>3</p> <p>10:30 Morning Exercise 11:00 Bingo 14:00 Ice Cream Trolley 15:00 One on One</p>	<p>4</p> <p>Purple Shirt Day / World Smile Day</p> <p>10:30 Morning Exercise 11:00 Card Game - Hoy 14:00 Happy Hour</p>	<p>5</p> <p>10:30 Morning Exercise 11:00 Bingo 14:00 Music Afternoon Your choice on YouTube</p>	<p>6</p> <p>Spring forward Daylight saving time starts Sunday at 2 a.m. local time. Set your clocks ahead one hour before bed Saturday.</p>  <p>10:30 Garden Socials & Ball Games 14:00 Film Afternoon via YouTube</p>
	<p>Labour Day - Public Holiday 7</p> <p>10:30 Waratah & Banksia Morning Bingo Game 10:30 Boronia & Blue Gum Staff Assisted Table Games 14:00 Boronia & Blue Gum Afternoon Bingo Game 14:00 Waratah & Banksia Staff Assisted Table Games</p>	<p>8</p> <p>10:30 Entertainment with <i>Joseph D'souza</i> 14:00 Food Focus Meeting (Level 1 & Level 3 Residents) <i>Interested residents from other units are welcome to join</i> 14:00 Film / Movie Afternoon 15:00 One on One</p>	<p>9</p> <p>10:30 C2bMe Selfcare Session (<i>Presenter: Sabrina</i>) 10:30 Morning Exercise and Table Games 14:00 Yarning group (<i>for interested residents</i>) Sing-a-long for other Units</p>	<p>10</p> <p>10:30 Pet Therapy (Level 2) 11:00 Bingo 14:00 Sensory Garden Visit 15:00 One on One</p>	<p>11</p> <p>Black, Red, Yellow Shirt Day</p> <p>10:30 Morning Exercise, 11:00 Catholic Church Service 14:00 Happy Hour OKTOBERFEST THEME</p>	<p>12</p> <p>10:30 Morning Exercise 11:00 Bingo 14:00 Film / Movie Afternoon Your choice on YouTube</p>
<p>14</p> <p>10:30 Morning Exercise 11:00 Bingo 14:00 Colouring & Painting 15:00 One on One</p>	<p>15</p> <p>10:30 Entertainment with <i>Murray Ferguson</i> 14:00 Film / Movie Afternoon 15:00 One on One</p>	<p>16</p> <p>10:30 Morning Exercise 11:00 Whiteboard Games 14:00 Pamper & Nail Care 15:00 One on One</p>	<p>17</p> <p>10:30 Morning Exercise 11:00 Bingo 14:00 Ice Cream Trolley 15:00 One on One</p>	<p>18</p> <p>10:30 Morning Exercise 11:00 Meditation 14:00 Happy Hour</p>	<p>19</p> <p>10:30 Morning Exercise 11:00 Bingo 14:00 Music Afternoon Your choice on YouTube</p>	<p>20</p> <p>10:30 Garden Socials and Ball Games</p>  <p>14:00 Film / Movie Afternoon Your choice on YouTube</p>
<p>21</p> <p>10:30 Morning Exercise 11:00 Bingo 14:00 Table Games 15:00 One on One</p>	<p>22</p> <p>10:30 Entertainment with <i>Ricardo Fredericks</i> 14:00 Film / Movie Afternoon 15:00 One on One</p>	<p>23</p> <p>10:30 C2bMe Selfcare Session (<i>Presenter: Sabrina</i>) 10:30 Morning Exercise and Table Games 14:00 Yarning group (<i>for interested residents</i>) Sing-a-long for other Units</p>	<p>24</p> <p>10:30 Pet Therapy (Level 1) 11:00 Bingo 14:00 Sensory Garden Visit 15:00 One on One</p>	<p>25</p> <p>10:30 Morning Exercise 11:00 Card Game - Hoy 14:00 Happy Hour Birthday of the Month Celebration</p>	<p>26</p> <p>10:30 Morning Exercise 11:00 Bingo 14:00 Film / Movie Afternoon Your choice on YouTube</p>	<p>27</p> <p>Grandparents Day</p> <p>10:30 Coffee Social in the Lounge Area</p>  <p>14:00 Music Afternoon Your choice on YouTube</p>
<p>28</p> <p>10:30 Morning Exercise 11:00 Bingo 14:00 Ten Pin Bowling 15:00 One on One</p>	<p>29</p> <p>Country of the Month Lunch Special</p> <p>10:30 Resident's Initiated Table Games, Films, Music 12:00 German Lunch Menu 14:00 Film / Movie Afternoon 15:00 One on One</p>	<p>30</p> <p>10:30 Morning Exercise 11:00 Trivia & Quiz 14:00 Pamper & Nail Care 15:00 One on One</p>	<p>31</p> <p>Halloween Dress Up Day</p> <p>10:30 Morning Exercise 11:00 Bingo 14:00 Ice Cream Trolley 15:00 One on One</p>			<p>COUNTRY OF THE MONTH GERMANY</p> 