

Greetings from the DON



I would like to extend a warm welcome to our new staff members, residents and their families.

As we come into Winter, and the community transmission of Covid-19 is on the rise, I ask that everyone continues to be mindful of our infection control protocol. If you are feeling unwell and/or have flu-like symptoms, we ask that you do not enter the Home until you are feeling well and show no symptoms – please call Reception to report. When visiting the Home, prior to entry, please complete a RAT test. These are provided with infection control instructions at entry points to the building. Please be mindful of cough and sneeze etiquette and cleanse hands using the wash basins or hand sanitiser available throughout the Home, and where able, maintain physical distancing. Please adhere to the mask use guidelines. We have plenty of stock available and have these placed conveniently at entry, in common spaces and the nurse's stations.

My team and I continue to work with you to ensure that our facility is a safe, supportive and caring environment for our residents.

If you have any questions, concerns, or feedback please do not hesitate to reach out to me or any member of our team.

Sunday June 30 is the second anniversary of the opening of Hillview House. It is a mammoth task commissioning a new facility and I would like to acknowledge and thank the staff for their dedication, creativity, professionalism and hard work. Many thanks also to our wonderful residents and their families for their trust, feedback and loyalty. Happy 2nd anniversary Hillview!

Jennifer Bennett
Director of Nursing.

Activity Highlights

Drumballa: Connecting people with Rhythm!

A special feature of our morning Movement & Music program in March was a return visit for some drumming fun with Katy and Warren from Drumballa. Residents were instructed in the techniques of playing a djembe (African hand drum), and the fundamentals of drumming.



Art & Craft at Mingaletta Community Centre



It's been a wonderful experience for our residents to get out on the bus and take regular trips to Mingaletta Community Centre in Umina Beach. The groups get involved in a craft activity and are treated to a lovely afternoon tea.

School Visits



School visits with pupils from St John's the Baptist Catholic Primary School continue to be popular with both the residents and the pupils. Pictured above is a recent visit from Year 3 Gold. The children shared some of their favourite books and read them to the residents. During this visit Rex (shown bottom right) gave the boys a lesson in whistling!

Allan Bridge Cultural Experience



National Reconciliation Week (NRW) is celebrated across Australia each year between 27 May and 3 June and commemorates two significant milestones in the reconciliation journey—the anniversaries of

the successful 1967 referendum and the High Court Mabo decision. During NRW we were fortunate to have Allan O'Brien, one of the Cultural Tutors at Mingaletta Aboriginal & Torres Strait Islander Corporation visit with residents. Allan performed the 'Didge' and spoke about the history of the instrument, as well as his work as a Cultural Tutor.

We've Had So Much to Celebrate...

St Patrick's Day



Residents celebrated all things Irish on March 17! For a special afternoon tea our wonderful catering team whipped up a spectacular cake, complete of course, with green icing. And the music... a Sing-along featuring all our favourite Irish songs plus "Happy Birthday" to Marlies, who celebrated her birthday on St Patrick's Day.

Mother's Day



To celebrate Mother's Day every resident received chocolates with the compliments of Thompson Health Care. Many attended a special afternoon with family.

A huge thank you to Jeff's wife Maria and Jean's great-grand daughter Jasmine for their help with the Mother's Day Afternoon Tea. You're both awesome!



Easter Bunny Visit...

Thanks to Steve (aka The Easter Bunny), who helped deliver chocolate bunnies to the residents for Easter.



ANZAC Day Commemorative Service

Residents, visitors, and staff marked the 109th anniversary of the Gallipoli landings in 1915, as well as commemorating all Australian and allied service personnel who have served and died in military operations, in a moving service held in the Chapel. The Acknowledgement of Country was written and presented by resident, Mr John Oates. John, together with other residents, shared personal stories of family members who served in the Australian army. Thank you to Mr Brian Read for reading a poem and Mr Wes Weir who led the Ode of Remembrance.



ANZAC DAY
Let's We Forget



What's on the menu...

Chef Dorothee would like to hear your recipe ideas for hearty soups and winter dishes. Residents can leave their recipes with Dorothee or at reception.

Age No Barrier to The Young at Heart

After a long and distinguished career as an academic and educator, including his role as Principal of Marist College, Anthony Cooper retired from work. But he never retired from life or his life-long love of learning.



"I have always had a great love for teaching and education. I believe that working with children and young adults keeps one young"

Anthony Cooper Ph. D.



Anthony, now a resident of Hillview House, enjoys the school visits with pupils from St John's the Baptist Primary School. He is always interested in the children's projects and encourages and fosters in them a love of learning.

At 81 years of age Anthony has just published his thesis **East, West Religious Pluralism**. Anthony kindly thanked his typist Anne-Marie and Hillview House RAO staff Janele and Tracey, for their assistance with the huge project. It represents many years of research and hard work, and Anthony is very proud to see the work published. Congratulations Anthony!

Upcoming events

- June: LGBTQ+ Awareness
- June 10: King's Birthday
- Sunday June 30: Hillview House 2nd Birthday Elvis Concert
- July 7 - 14: NAIDOC Week
- Christmas in July
- August 7: Aged Care Employee Day
- August 22: Daffodil Day

Notices

- Resident & Relative Meetings are held the first Wednesday of the month in the theatre room on Level 2 at 1:30pm.
- Labelling of residents clothing: Please leave clothes and personal items at reception during normal office hours (9am-5pm). Items will be labelled and returned to the residents' room by the next day.