

WELLBEING SOCIAL SUPPORT PROGRAM

ORAN PARK HOUSE – MARCH 2025

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
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| <p>PLEASE NOTE THAT DUE TO UNFORESEEN CIRCUMSTANCES, SOME ACTIVITIES MAY BE CHANGED OR CANCELLED. WE APPRECIATE YOUR UNDERSTANDING.</p> |  |  |  |  | <p>1</p> <p>10:30 Bingo (Banksia, Waratah Unit) 13:00 Bingo (Wattle, Boronia Unit) 14:30 Bingo (Blue Gum)</p> <p>While RAO is in other units, self-directed activities like colouring, table games, films, and music are available in the activity room. Please feel free to explore these activities or request assistance from the nursing staff if you need help accessing materials or technology.</p> | <p>2</p> <p>10:30 Whiteboard Games (Banksia, Waratah Unit) 13:00 Whiteboard Games (Wattle, Boronia Unit) 14:30 Whiteboard Games (Blue Gum)</p> |
| <p>3</p> <p>10:30 Morning Exercise 11:00 Food Focus Meeting Level 1 & 3 Residents. (Residents from other units are welcome to join) 14:00 Bingo 15:00 One on One Visit</p> | <p>SHROVE TUESDAY 4</p> <p>10:30 Non-Denominational Service & Morning Melodies with Robyn Venue: Level 1 Multifunction Room 14:00 Ice Cream Trolley 15:00 One on One Visit</p> | <p>ASH WEDNESDAY 5</p> <p>10:30 Bus Trip (Boronia) 10:30 Morning Exercise 11:00 Ash Wednesday Service 14:00 Arts & Crafts 15:00 One on One Visit</p> | <p>6</p> <p>10:30 Bus Trip (Wattle) 10:30 Morning Exercise 11:00 Whiteboard Game 14:00 Bingo 15:00 One on One Visit</p> | <p>INT'L WOMEN'S DAY 7</p> <p>10:30 Morning Exercise 11:00 Balloon Tennis 14:00 Happy Hour Int'l. Women's Day Theme PINK SHIRT DAY</p> | <p>8</p> <p>10:30 Bingo (Banksia, Waratah Unit) 13:00 Bingo (Wattle, Boronia Unit) 14:30 Bingo (Blue Gum)</p> <p>While RAO is in other units, self-directed activities like colouring, table games, films, and music are available in the activity room. Please feel free to explore these activities or request assistance from the nursing staff if you need help accessing materials or technology.</p> | <p>9</p> <p>10:30 Hoy - Card Game (Banksia, Waratah Unit) 13:00 Hoy - Card Game (Wattle, Boronia Unit) 14:30 Hoy - Card Game (Blue Gum)</p> |
| <p>10</p> <p>10:30 Morning Exercise 11:00 Quiz & Trivia 14:00 Bingo 15:00 One on One Visit</p> | <p>SENIOR'S WEEK 11</p> <p>10:30 Entertainment / Concert with Grace Losurdo Venue: Level 1 Multifunction Room 14:00 Pamper & Nail Care 15:00 One on One Visit</p> | <p>12</p> <p>10:30 Bus Trip (Banksia) 10:30 Morning Exercise 10:30 C2beMe (Waratah) 11:00 Floor/Board Games 14:00 Arts & Crafts 15:00 One on One Visit</p> | <p>13</p> <p>10:30 Bus Trip 10:30 Pet Therapy (Level 1) 10:30 Morning Exercise 11:00 Whiteboard Game 14:00 Bingo 15:00 One on One Visit</p> | <p>14</p> <p>10:30 Morning Exercise 11:00 Catholic Mass 14:00 Happy Hour St. Patrick's Day Theme GREEN SHIRT DAY</p> | <p>15</p> <p>10:30 Bingo (Banksia, Waratah Unit) 13:00 Bingo (Wattle, Boronia Unit) 14:30 Bingo (Blue Gum)</p> <p>While RAO is in other units, self-directed activities like colouring, table games, films, and music are available in the activity room. Please feel free to explore these activities or request assistance from the nursing staff if you need help accessing materials or technology.</p> | <p>16</p> <p>10:30 Whiteboard Games (Banksia, Waratah Unit) 13:00 Whiteboard Games (Wattle, Boronia Unit) 14:30 Whiteboard Games (Blue Gum)</p> |
| <p>ST. PATRICK'S DAY 17</p> <p>10:30 Armchair Travel to IRELAND 12:00 IRELAND LUNCH SPECIAL Country of the Month Celebration 14:00 Bingo 15:00 One on One Visit GREEN SHIRT DAY</p> | <p>18</p> <p>10:30 Sensory Garden Visit 11:00 Sing-a-long 14:00 Ice Cream Trolley 15:00 One on One Visit</p> | <p>19</p> <p>10:30 Bus Trip (Waratah) 10:30 Morning Exercise 11:00 Floor/Board Games 14:00 Arts & Crafts 15:00 One on One Visit</p> | <p>20</p> <p>10:30 Bus Trip (Waratah) 10:30 Morning Exercise 11:00 Whiteboard Game 14:00 Bingo 15:00 One on One Visit</p> | <p>HARMONY DAY 21</p> <p>10:30 Morning Exercise 11:00 Ten Pin Bowling 14:00 Happy Hour Harmony Day Theme ORANGE SHIRT DAY</p> | <p>22</p> <p>10:30 Bingo (Banksia, Waratah Unit) 13:00 Bingo (Wattle, Boronia Unit) 14:30 Bingo (Blue Gum)</p> <p>While RAO is in other units, self-directed activities like colouring, table games, films, and music are available in the activity room. Please feel free to explore these activities or request assistance from the nursing staff if you need help accessing materials or technology.</p> | <p>23</p> <p>10:30 Hoy - Card Game (Banksia, Waratah Unit) 13:00 Hoy - Card Game (Wattle, Boronia Unit) 14:30 Hoy - Card Game (Blue Gum)</p> |
| <p>24</p> <p>10:30 Morning Exercise 11:00 Quiz & Trivia 14:00 Bingo 15:00 One on One Visit</p> | <p>25</p> <p>10:30 Entertainment / Concert with Roderic Crunwell Venue: Level 1 Multifunction Room 14:00 Pamper & Nail Care 15:00 One on One Visit</p> | <p>26</p> <p>10:30 Bus Trip (Blue Gum) 10:30 Morning Exercise 10:30 C2beMe (Waratah) 11:00 Floor/Board Games 14:00 Arts & Crafts 15:00 One on One Visit</p> | <p>27</p> <p>10:30 Bus Trip 10:30 Pet Therapy (L 2 & 3) 10:30 Morning Exercise 11:00 Whiteboard Game 14:00 Bingo 15:00 One on One Visit</p> | <p>28</p> <p>10:30 Morning Exercise 11:00 Catholic Communion 14:00 Happy Hour Birthday of the Month Theme</p> | <p>29</p> <p>10:30 Bingo (Banksia, Waratah Unit) 13:00 Bingo (Wattle, Boronia Unit) 14:30 Bingo (Blue Gum)</p> <p>While RAO is in other units, self-directed activities like colouring, table games, films, and music are available in the activity room. Please feel free to explore these activities or request assistance from the nursing staff if you need help accessing materials or technology.</p> | <p>10:30 Whiteboard Games (Banksia, Waratah Unit) 13:00 Whiteboard Games (Wattle, Boronia Unit) 14:30 Whiteboard Games (Blue Gum)</p> |