



THOMPSON
HEALTH CARE

JANUARY 2025 ACTIVITY CALENDAR - ST IVES HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		Happy New 2025 Year 9:30 Social room Visit 10:00 Music Chanel 400 2:00 Movie on Chanel400 3:00 Pamper & Nail Care	2 9:30 Social Room Visit 10:00 Music Chanel 400 2:00 Movie Chanel 400 3:00 One-on-One	3 9:30 Social Room Visit 10:00 Music Chanel 400 2:00 Happy Hour	4 10:30 Pet Therapy 2:00 Movie @ Cinema 4:00 Walk and Talk	5 10:45 Lifestream Prayer 11:15 Songs of Praise 2:00 News & Sport on TV 2:30 Coffee Social
6 10:45 Morning Exercise 11:00 Word Games 2:00 Bingo 3:30 Music Appreciation	7 9:45 Morning Bus Trip 10:45 Morning Exercise 1:00 Afternoon Bus Trip 2:00 Arts & Crafts 2:00 Bridge for Experienced	8 10:45 Morning Exercise 11:00 Ball Games 2:00 Movie @ Cinema 2:00 Board Games	9 9:45 Morning Bus Trip 10:45 Gentle Exercises 1:00 Afternoon Bus Trip 2:00 Bridge for Everyone 2:45 Aromatherapy	10 10:45 Morning Exercise 11:00 Trivia 2:00 Happy Hour 2:30 Entertainment by Yasmin	11 09:30 Pamper & Nails care 1:30 TV Chanel 400 (Movie) 2:00 Ice Cream Trolley	12 10:45 Lifestream Prayer 11:15 Songs of Praise 2:00 News & Sport on TV 2:30 Coffee Social
13 10:45 Morning Exercise 11:00 Mini Golf 2:00 Bingo 3:30 Garden Walks	14 9:45 Morning Bus Trip 11:00 Morning Exercise 2:00 Arts & Crafts 2:00 Bridge for Experienced	15 10:45 Morning Exercise 11:00 Floor Games 2:00 Movie @ Cinema 2:30 Board Games	16 9:45 Morning Bus Trip 10:45 Morning Exercise 1:00 Afternoon Bus Trip 2:00 Bridge& Board Games 2:45 Aromatherapy	17 10:45 Morning Exercise 11:00 Balloon Game 2:00 Happy Hour 2:30 Entertainment by Leyla	18 10:30 Pet Therapy 2:00 Movie @ Cinema 4:00 Wheelchair Walk	19 10:45 Lifestream Prayer 11:15 Songs of Praise 2:00 News & Sport on TV 2:30 Coffee Social
20 10:45 Morning Exercise 11:00 Word Games 2:00 Bingo 3:30 Garden Walks	21 9:45 Morning Bus Trip 10:45 Morning Exercises 1:00 Afternoon Bus Trip 2:00 Bridge for Experienced 3:30 Music Appreciation	22 10:45 Morning Exercise 11:00 Ball Games 2:00 Movie @ Cinema 3:30 Music Appreciation	23 9:45 Morning Bus Trip 10:45 Morning Exercise 1:00 Afternoon Bus Trip 2:00 Bridge & Board Games 2:45 Aromatherapy	24 10:45 Morning Exercise 11:00 Trivia 2:00 Happy Hour 2:30 Entertainment by Juliet	25 9:30 Pamper and Nail Care 11:00 Coffee Social 2:00 Movie @ Cinema 3:30 Wheelchair Walks	Australia Day 26 10:45 Lifestream Prayer 11:15 Songs of Praise 2:00 News & Sport on TV 2:30 Coffee Social
27 10:45 Morning Exercise 11:00 Word Games 2:00 Bingo 3:30 Garden Walks	28 9:45 Morning Bus Trip 10:45 Morning Exercise 1:00 Afternoon Bus Trip 2:00 Arts & Crafts 2:00 Bridge for Experienced	Chinese New Year 29 10:45 Morning Exercise 11:00 Target Games 2:00 Movie @ Cinema 3:30 Music Appreciation	30 9:45 Morning Bus Trip 10:45 Morning Exercise 1:00 Afternoon Bus Trip 2:00 Bridge & Board Games 2:45 Aromatherapy	31 10:45 Morning Exercise 11:00 Basketball Games 2:00 Happy Hour 2:30 Entertainment by Geoff	DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE	