



THOMPSON
HEALTH CARE

JANUARY 2025 ACTIVITY CALENDAR - ORAN PARK HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>PLEASE NOTE THAT DUE TO UNFORESEEN CIRCUMSTANCES, SOME ACTIVITIES MAY BE CHANGED OR CANCELLED. WE APPRECIATE YOUR UNDERSTANDING.</p>		<p>New Years Day 1</p> <p>Public Holiday</p> <p>10:30 Sing-a-long (Banksia, Waratah Unit)</p> <p>13:00 Sing-a-long (Wattle, Boronia Unit)</p> <p>14:30 Sing-a-long (Blue Gum)</p> <p>(Subject to change as per resident request)</p>	<p>2</p> <p>10:30 Bus Trip (Boronia)</p> <p>10:30 Morning Exercise</p> <p>11:00 Quiz & Trivia</p> <p>14:00 Bingo</p> <p>15:00 One on One Visit</p>	<p>3</p> <p>10:30 Morning Exercise</p> <p>11:00 Armchair Travel</p> <p>14:00 Happy Hour</p>	<p>4</p> <p>10:30 Bingo (Banksia, Waratah Unit)</p> <p>13:00 Bingo (Wattle, Boronia Unit)</p> <p>14:30 Bingo (Blue Gum)</p> <p>While RAO is in other units, self-directed activities like colouring, table games, films, and music are available in the activity room. Please feel free to explore these activities or request assistance from the nursing staff if you need help accessing materials or technology.</p>	<p>5</p> <p>10:30 Whiteboard Games (Banksia, Waratah Unit)</p> <p>13:00 Whiteboard Games (Wattle, Boronia Unit)</p> <p>14:30 Whiteboard Games (Blue Gum)</p>
		<p>6</p> <p>10:30 Morning Exercise</p> <p>11:00 Bingo</p> <p>11:00 Food Focus Meeting (Level 2 Resident. Residents from other units are welcome to join)</p> <p>14:00 Bingo</p> <p>15:00 One on One Visit</p>	<p>7</p> <p>10:30 Entertainment with David Mason-Cox Venue: Level 1 Multifunction Room</p> <p>14:00 Ice Cream Trolley</p> <p>15:00 One on One Visit</p>	<p>Elvis Presley's Birthday 8</p> <p>10:30 Bus Trip (Bluegum)</p> <p>10:30 C2beMe (Waratah)</p> <p>10:30 Morning Exercise</p> <p>11:00 Floor/Board Games</p> <p>14:00 Garden Coffee Socials</p> <p>15:00 One on One Visit</p>	<p>9</p> <p>10:30 Bus Trip (Wattle)</p> <p>10:30 Morning Exercise</p> <p>11:00 Quiz & Trivia</p> <p>14:00 Bingo</p> <p>15:00 One on One Visit</p>	<p>10</p> <p>10:30 Morning Exercise</p> <p>11:00 Catholic Church Service</p> <p>14:00 Happy Hour</p>
<p>13</p> <p>10:30 Morning Exercise</p> <p>11:00 Ten Pin Bowling</p> <p>14:00 Bingo</p> <p>15:00 One on One Visit</p>	<p>14</p> <p>10:30 Morning Exercise</p> <p>11:00 Whiteboard Game</p> <p>14:00 Arts & Crafts</p> <p>15:00 One on One Visit</p>	<p>15</p> <p>10:30 Bus Trip (Boronia)</p> <p>10:30 Morning Exercise</p> <p>11:00 Sing-a-long</p> <p>14:00 Pamper & Nail Care</p> <p>15:00 One on One Visit</p>	<p>16</p> <p>10:30 Bus Trip (Banksia)</p> <p>10:30 Pet Therapy (Level 2)</p> <p>10:30 Morning Exercise</p> <p>11:00 Quiz & Trivia</p> <p>14:00 Bingo</p> <p>15:00 One on One Visit</p>	<p>17</p> <p>10:30 Morning Exercise</p> <p>12:00 Barbecue Day Luncheon & Happy Hour in the Garden Level 1 & 3 Residents</p> <p>14:00 Film / Music Afternoon Your choice on YouTube</p>	<p>18</p> <p>10:30 Bingo (Banksia, Waratah Unit)</p> <p>13:00 Bingo (Wattle, Boronia Unit)</p> <p>14:30 Bingo (Blue Gum)</p> <p>While RAO is in other units, self-directed activities like colouring, table games, films, and music are available in the activity room. Please feel free to explore these activities or request assistance from the nursing staff if you need help accessing materials or technology.</p>	<p>19</p> <p>10:30 Whiteboard Games (Banksia, Waratah Unit)</p> <p>13:00 Whiteboard Games (Wattle, Boronia Unit)</p> <p>14:30 Whiteboard Games (Blue Gum)</p>
<p>20</p> <p>10:30 Morning Exercise</p> <p>11:00 Balloon Tennis</p> <p>14:00 Bingo</p> <p>15:00 One on One Visit</p>	<p>International Hug Day 21</p> <p>10:30 Entertainment with Murray Ferguson Venue: Level 1 Multifunction Room</p> <p>14:00 Ice Cream Trolley</p> <p>15:00 One on One Visit</p>	<p>22</p> <p>10:30 Bus Trip (Wattle)</p> <p>10:30 C2beMe (Waratah)</p> <p>10:30 Morning Exercise</p> <p>11:00 Floor/Board Games</p> <p>14:00 Garden Coffee Socials</p> <p>15:00 One on One Visit</p>	<p>23</p> <p>10:30 Bus Trip (Waratah)</p> <p>10:30 Morning Exercise</p> <p>11:00 Quiz & Trivia</p> <p>14:00 Bingo</p> <p>15:00 One on One Visit</p>	<p>24</p> <p>10:30 Morning Exercise</p> <p>12:00 Barbecue Day Luncheon & Happy Hour in the Garden Level 2 Residents</p> <p>14:00 Film / Music Afternoon Your choice on YouTube</p>	<p>25</p> <p>10:30 Bingo (Banksia, Waratah Unit)</p> <p>13:00 Bingo (Wattle, Boronia Unit)</p> <p>14:30 Bingo (Blue Gum)</p> <p>While RAO is in other units, self-directed activities like colouring, table games, films, and music are available in the activity room. Please feel free to explore these activities or request assistance from the nursing staff if you need help accessing materials or technology.</p>	<p>Australia Day 26</p> <p>10:30 Hoy (Banksia, Waratah Unit)</p> <p>13:00 Hoy (Wattle, Boronia Unit)</p> <p>14:30 Hoy (Blue Gum)</p>
<p>Australia Day 27</p> <p>Public Holiday</p> <p>10:30 Sing-a-long (Banksia, Waratah Unit)</p> <p>13:00 Sing-a-long (Wattle, Boronia Unit)</p> <p>14:30 Sing-a-long (Blue Gum)</p> <p>(Subject to change as per resident request)</p>	<p>28</p> <p>10:30 Morning Exercise</p> <p>11:00 Whiteboard Game</p> <p>14:00 Arts & Crafts</p> <p>15:00 One on One Visit</p>	<p>Chinese New Year 29</p> <p>10:30 Bus Trip (Banksia)</p> <p>10:30 Morning Exercise</p> <p>11:00 Sing-a-long</p> <p>14:00 Pamper & Nail Care</p> <p>15:00 One on One Visit</p>	<p>30</p> <p>10:30 Bus Trip (Waratah)</p> <p>10:30 Morning Exercise</p> <p>11:00 Quiz & Trivia</p> <p>14:00 Bingo</p> <p>15:00 One on One Visit</p>	<p>31</p> <p>10:30 Morning Exercise</p> <p>11:00 Meditation</p> <p>14:00 Happy Hour Birthday of the Month</p>	<p>COUNTRY OF THE MONTH AUSTRALIA</p>	