



THOMPSON
HEALTH CARE

OCTOBER 2024- TURRAMURRA HOUSE ACTIVITY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 NATIONAL DAY CHINA 1030 WORD GAMES 200 BINGO	2 1000 AROMATHERAPY FOOT SPA 200 BALLOON TENNIS 230 EXERCISE TO MUSIC	3 1030 BALLOON TENNIS 1100 EXERCISE TO MUSIC 200 ART AND CRAFTS	4 1030 DRUMMING TO MUSIC 1200 RESIDENT BBQ 100 BUS OUTING	5 1030 POETRY GROUP 200 BOOK CLUB	6 1030 FAMOUS SAYINGS AND QUOTES 1100 CATHOLIC CHURCH 200 DISCUSSION HAPPINESS IS .. AS VOTED BY THE RESIDENTS
7 PUBLIC HOLIDAY 1030 LINGUISTIC FUN 200 PIKELETS , SOCIAL CHAT IN COFFEE SHOP	8 1030 BALLOON TENNIS 1100 EXERCISE TO MUSIC 200 TRIVIA	9 1030 DANCE WITH DANCE HEALTH ALLIANCE 200 CARPET BOWLS	10 1030 ANAGRAMS 200 CIRCLE OF SHARING	11 1030 ACCORDION PLAYER 100 BUS OUTING 200 ANGLICAN CHURCH	12 1030 BALLOON TENNIS 1100 EXERCISE TO MUSIC 200 ART AND CRAFTS	13 1030 BINGO 1100 CATHOLIC CHURCH 200 ICING CAKE, HOT CHOCOLATE , MARSHMALLOWS SOCIAL CHAT COFFEESHOP
14 1030 BALLOON TENNIS 1100 EXERCISE TO MUSIC 100 BUS OUTING	15 1030 RESIDENT AND RELATIVE MEETING 200 ART AND CRAFTS	16 1030 ALICE PERFORMING 200 EXERCISE TO MUSIC	17 1030 MUSIC THERAPY 200 UNITING CHURCH	18 1030 BINGO 100 BUS OUTING	19 1030 LINGUISTIC FUN 200 ROSS HAMILTON PERFORMING	20 1030 WORD GAMES 1100 CATHOLIC CHURCH 200 DISCUSSION MEMORABLE MOMENTS BY THE RESIDENTS
21 1030 CARPET BOWLS 100 COFFEE SHOP OUTING	22 1030 BALLOON TENNIS 1100 EXERCISE TO MUSIC 200 TRIVIA	23 1030 GUEST SPEAKER GUIDES 200 EXERCISE TO MUSIC	24 1030 POETRY GROUP 200 CIRCLE OF SHARING	25 1030 BOOK CLUB 100 BUS OUTING	26 1030 ANAGRAMS 200 FAMOUS SAYINGS AND HOMOPHONES	27 1030 BINGO 1100 CATHOLIC CHURCH 200 MAKING PIZZA SOCIAL CHAT IN COFFEESHOP
28 1030 BALLOON TENNIS 1100 EXERCISE TO MUSIC 100 BUS OUTING	29 1030 EXERCISE TO MUSIC 200 EILEEN PERFORMING	30 1030 BUNNINGS TALK ON GARDENING 200 CARPET BOWLS	31 1030 YOGA WITH PAUL 200 WORD GAMES			