



THOMPSON
HEALTH CARE

FEBRUARY 2025 ACTIVITY CALENDAR - BEECROFT HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE				 Floral Workshop	1 10am Ball Play (L1) 10.30am Tub Chair Massage 2pm Dessert Cart & Afternoon Movie 3.30pm Warm Snack (L1)	2 Level1 Blue Level2 Yellow Level3 Orange Level 4 Green
3 10am Pet Therapy 10.30am Physiotherapy Exercise (L2) 2pm Songs of Worship 3pm Music & Warm Snack(L1)	4 10am Music Therapy (L1) 10.30am Entertainment (L2) 12pm Picnic on the Balcony 1.30pm Bus Trip (L,2,3,4) 2.30pm Hand Massage & Warm Snack (L1)	5 10am Music Therapy (L1) 10.30am Birthday Party 2pm Home Duties(L4) 2.30pm Exercise & Warm Snack (L1)	6 10am jigsaw puzzle (L1) 10.30am Men's Carpet Ball & Pain Clinic (L3) 1.30pm Bus Trip (L2,3,4) 2pm Afternoon Movie 3.30pm Warm Snack (L1)	7 10am Gardening (L3) 10.30am Floral Workshop 2pm Happy Hour & Concert Film 3.30pm Warm Snack (L1)	8 10am Music Therapy (L1) 10.30am Library Club 2pm Dessert Cart & Afternoon Movie 3.30pm Warm Snack (L1)	9 Picnic on the Balcony
10 10am Pet Therapy 10.30am Physiotherapy Exercise (L2) 2pm Songs of Worship 3pm Music & Warm Snack(L1)	11 10am Exercise to Music (L1) 10.30am Entertainment (L2) 1.30pm Bus Trip (L1) 2.30pm Hand Massage & Warm Snack (L1)	12 10am Music Therapy (L1) 10.30am Art / Craft (L2) 2pm Women's Club (L4) 2.30pm Movie & Warm Snack (L1)	13 10am Coloring (L1) 10.30am Men's Carpet Ball & Pain Clinic (L3) 1.30pm Bus Trip (L1) 2pm Afternoon Movie 3.30pm Warm Snack (L1)	14 10am Gardening 10.30am Walking Group 2pm Happy Hour & Concert Film 3.30pm Warm Snack (L1)	15 10am Ball Play (L1) 10.30am Tub Chair Massage 2pm Dessert Cart & Afternoon Movie 3.30pm Warm Snack (L1)	6 Picnic on the Balcony
17 10am Pet Therapy 10.30am Physiotherapy Exercise (L2) 2pm Songs of Worship 3pm Music & Warm Snack(L1)	 18 10am Music Therapy (L1) 10.30am Happy Travel to Nepal 12pm Nepalese Food 2.30pm Exercise & Warm Snack (L1)	19 10am Music Therapy (L1) 10.30am Art / Craft (L2) 2pm Home Duties(L4) 2.30pm Movie & Warm Snack (L1)	20 10am jigsaw puzzle (L1) 10.30am Men's Carpet Ball & Pain Clinic (L3) 1.30pm Bus Trip (L2,3,4) 2pm Afternoon Movie 3.30pm Warm Snack (L1)	21 10am Gardening 10.30am Floral Workshop 2pm Happy Hour & Concert Film 3.30pm Warm Snack (L1)	22 10am Music Therapy (L1) 10.30am Library Club 2pm Dessert Cart & Afternoon Movie 3.30pm Warm Snack (L1)	23 Tub Chair Massage
24 10am Pet Therapy 10.30am Physiotherapy Exercise (L2) 2pm Songs of Worship 3pm Music & Warm Snack(L1)	25 10am Exercise to Music (L1) 11am Entertainment (L2) 1.30pm Bus Trip (L1) 2.30pm Hand Massage & Warm Snack (L1)	26 10am Music Therapy (L1) 10.30am Art / Craft (L2) 2pm Women's Club (L4) 2.30pm Movie & Warm Snack (L1)	27 10am Coloring (L1) 10.30am Men's Carpet Ball & Pain Clinic (L3) 1.30pm Bus Trip (L1) 2pm Afternoon Movie 3.30pm Warm Snack (L1)	28 10am Gardening 10.30am Walking Group 2pm Happy Hour & Concert Film 3.30pm Warm Snack (L1)	 Home Duties	 Carpet Ball for Men