



THOMPSON
HEALTH CARE

JANUARY 2025 ACTIVITY CALENDAR - TERREY HILLS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE</p>	<p>We would like to acknowledge the Gadigal people of the Eora Nation, the traditional Custodians of this land, & pay our respects to elders both past & present</p>	<p>Happy New Year! 1</p> <p>11.00 am Exercise Class 2.00 pm Bowls 2.00 pm Rummykub 2.00 pm Movie</p>	<p>Bus Outings Am & Pm</p> <p>11.00 am Exercise Class 2.00 pm Bingo 2.00 pm Mobile Library 2.00 pm Movie</p>	<p>HAPPY HOUR 3</p> <p>11.00 am Exercise Class 2.00 pm Rosary 2.30 pm Entertainment & Happy Hour</p>	<p> 4</p> <p>11.15 am Musical DVD 2.00 pm Knit & Purl 2.00 pm Bowls 2.00 pm Movie</p>	<p> 5</p> <p>11.30 am Songs of Praise 2.00 pm Trivia with June 2.00 pm Catholic Mass 2.00 pm Movie</p>
<p> 6</p> <p>11.00 am Exercise Class 2.00 pm Quiz 2.00 pm Bowls 2.00 pm Movie</p>	<p>7</p> <p>Bus Outings Am & Pm</p> <p>11.00 am Exercise Class 2.00 pm Bingo 2.00 pm Craft 2.00 pm Movie</p> <p></p>	<p> 8</p> <p>11.00 am Church Service 11.00 am Exercise Class 2.00 pm Ice Cream Run 2.00 pm Putt Putt Golf 2.00 pm Movie</p>	<p>9</p> <p>Bus Outings Am & Pm</p> <p>11.00 am Exercise Class 2.00 pm Bingo 2.00 pm Craft 2.00 pm Movie</p> <p></p>	<p> 10</p> <p>11.00 am Exercise Class 2.00 pm Choir 2.30 pm Entertainment & Happy Hour</p>	<p> 11</p> <p>11.15 am Musical DVD 2.00 pm Craft 2.00 pm Bowls 2.00 pm Movie</p>	<p> 12</p> <p>11.30 am Songs of Praise 2.00 pm Trivia with June 2.00 pm Catholic Mass 2.00 pm Movie</p>
<p> 13</p> <p>11.00 am Exercise Class 2.00 pm Tea and Quiz 2.00 pm Bowls 2.00 pm Movie</p>	<p>14</p> <p>Bus Outings Am & Pm</p> <p>11.00 am Exercise Class 2.00 pm Bingo 2.00 pm Craft 2.00 pm Movie</p> <p></p>	<p>15</p> <p> 15</p> <p>11.00am Exercise Class 2.00 pm Rummykub 2.00 pm Ice cream run 2.00 pm Movie</p>	<p>16</p> <p>Bus Outings Am & Pm</p> <p>11.00am Exercise Class 2.00 pm Bingo 2.00 pm Mobile Library 2.00 pm Movie</p> <p></p>	<p>17</p> <p> 17</p> <p>11.00 am Exercise Class 2.00 pm Rosary 2.30 pm Entertainment & Happy Hour</p>	<p>18</p> <p> 18</p> <p>11.15 am Musical DVD 2.00 pm Knit & Purl 2.00 pm Bowls 2.00 pm Movie</p>	<p>19</p> <p> 19</p> <p>11.30 am Songs of Praise 2.00 pm Trivia with June 2.00 pm Catholic Mass 2.00 pm Movie</p>
<p>20</p> <p> 20</p> <p>11.00 am Exercise Class 2.00 pm Light and Bright 2.00 pm Bowls 2.00 pm Movie</p>	<p>21</p> <p>Bus Outings Am & Pm</p> <p>11.00 am Exercise Class 2.00 pm Bingo 2.00 pm Craft 2.00 pm Movie</p> <p></p>	<p>22</p> <p> 22</p> <p>11.00 am Exercise Class 2.00 pm Bowls 2.00 pm Putt Putt Golf 2.00 pm Movie</p>	<p>23</p> <p>Bus Outings Am & Pm</p> <p>11.00 am Exercise Class 2.00 pm Bingo 2.00 pm Craft 2.00 pm Movie</p> <p></p>	<p>24</p> <p> 24</p> <p>11.00 am Exercise Class 2.00 pm Choir 2.30 pm Entertainment & Happy Hour</p>	<p>25</p> <p> 25</p> <p>11.15 am Musical DVD 2.00 pm Craft 2.00 pm Bowls 2.00 pm Movie</p>	<p>26</p> <p> 26</p> <p>11.30 am Songs of Praise 2.00 pm Trivia with June Australia day 2.00 pm Catholic Mass 2.00 pm Movie</p>
<p>27</p> <p> 27</p> <p>11.00 am Exercise Class 2.00 pm Tea and Quiz 2.00 pm Bowls 2.00 pm Movie</p>	<p>28</p> <p>Bus Outings Am & Pm</p> <p>11.00 am Exercise Class 2.00 pm Bingo 2.00 pm Craft 2.00 pm Movie</p> <p></p>	<p>29</p> <p> 29</p> <p>11.00 am Exercise Class 2.00 pm Dominoes 2.00 pm Ice cream run 2.00 pm Movie</p>	<p>30</p> <p>Bus Outings Am & Pm</p> <p>11.00 am Exercise Class 2.00 pm Bingo 2.00 pm Mobile Library 2.00 pm Movie</p> <p></p>	<p>31</p> <p>HAPPY BIRTHDAY 31</p> <p>11.00 am Exercise Class 2.00 pm Rosary 3.00 pm Entertainment & Monthly B'Day</p>	<p>Happy New Year!</p> <p>Extra Activities</p> <p>Room Visits Mon - Sun Bus Trips -Tues & Thurs Happy Hour - Fridays 3 pm Hair Dresser Wed - Thurs Andre Rieu DVD Channel 511 Mon - Fri 4pm *Subject to change at any time</p>	