

# SPRING 2024 NEWSLETTER

#### BOWRAL HOUSE

#### Greetings from the DON

To all families and friends of Bowral House

As many of you would know we have had some changes occur at Bowral House over the last few months with the departure of our long-standing DON Collette Beaufils. We enjoyed a celebration with staff and residents to thank Collette for her 14 years of service and dedication to the Bowral House Family.

We would like to take this opportunity to introduce to you the management team at Bowral House and we look forward to working closely with you now and in the future.



Director of Nursing

Joanne Nellestein



Deputy Director of Nursing Tara Conlon



Clinical Nurse Specialist
Charlotte Blaxland

Please come and see us at any time to discuss any concerns or feedback you may have.

We have commenced our renovations on Level 1 with the removal of the wallpaper and commencement of painting. We appreciate your patience with this process.

With the warmer weather the residents have started to enjoy the outdoor areas, and we look

forward to the tulips coming out over the coming months.

Thank you for your ongoing support and appreciation of all our hard-working staff.

Kind Regards

Joanne, Tara and Charlotte.

#### **Activity Highlights**

A visit from Bob and his parrots

Residents enjoyed a visit from Bob and his beautiful, friendly parrots.





David

Irene





Heidi

John



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Rod

Coralie

Jigsaws and board games are popular





Pet Therapy



Rossi



Elaine

We say farewell and thankyou to pet therapy volunteer Maryanne and her dog Ewan Macgregor.

## **Resident Meetings**

Quarterly meetings are held for all residents who wish to attend. It is chaired by resident representative Paul Totman. Residents can hear reports from Director Joanne, the Recreation team, Maintenance Garth and Chef Leanne and have any issues or concerns addressed.

Spring has sprung in the Southern Highlands. Patricia, Marjorie and Daphne checking new flowerings in the garden in spring.



Entertainment and Celebrations

Peter Kearney presented an audio-visual presentation on the history of the Southern Highlands, scenery and walking trails.

Residents enjoyed the concerts performed by the local 'Sing Australia' choir.



Chocolates for all on Father's Day



