

## SEPTEMBER 2024

## Activity Calendar - Dural House -

	OMPSON EALTH CARE	- Dural House -					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
0:00 Bus Trip with G Floor 1:00 Musical Exercises 1:00 Quoits @ L1 1:30 Bus Trip with LG2 2:00 B I N G O 2:30 Trivia @ L1 2:30 Movie @ Cinema		UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAYBE SUBJECT TO CANCELLATION OR CHANGE	EXTRA ACTIVITIES:  Gym Sessions: by appoinment Massage Therapy: by appoinment Walk and Talk: by appointment Hornsby Library Visit: 12 Sept Residents' Meeting: 12th Sept Cultural Lunch Week: 9-13 Sept Pain Clinic- Wed & Fri @ 1PM in the Cinema: by appointment		Spring	Fathers Day 10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Songs of Praise 2:00 B I N G O 2:30 Movie @ Cinema 3:00 Carpet Bowls	
40.00 Due Trie with O Fleer	3	40:00 Due Trie with 14	40:00 Due Trie with 14	6	10:00 0:# 0 0	40.00 O.#s. a. 0 Ob.a.	8
10:00 Bus Trip with G Floor 11:00 Musical Exercises 11:00 Quoits @ L1 2:30 Father's Day Concert & Happy Hour w/ Ron & Roz 2:30 Movie @ Cinema	11:00 Yoga Class 11:00 Hand Massage LG2 (AIN) 2:00 Carpet Bowls 2:00 Painting in LG1	10:30 Church Service 11:00 Massage Therapy 11:00 Musical Exercises 1:00 Pain Clinic @ Cinema 1:30 Bus Trip with LG1	10:00 Bus Trip with L1 10:30 Catholic Service 10:30 Jewellery, Knit & Purl 11:00 Musical Exercises 2:00 Sing A Long for LG2 (AIN) 2:00 Carpet Bowls 2:30 Movie @ Cinema	10:00 Bus Trip with G Floor 10:00 Scrabble @ Lounge Area 11:00 Massage Therapy 11:00 Art Therapy for LG2 1:00 Pain Clinic @ Cinema 2:00 Live Concert and Happy Hour w/ Kristy Lee 2:30 Movie @ Cinema	10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Carpet Bowls 2:00 B I N G O 2:30 Music Therapy for LG2 2:30 Movie @ Cinema	10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Songs of Praise 2:00 B I N G O 2:30 Movie @ Cinema 3:00 Carpet Bowls	
9	10	11	12	13	14		15
10:00 Bus Trip with G Floor 11:00 Musical Exercises 11:00 Word Game @ L1 11:00 Pet Therapy w/ Pippa 1:30 Bus Trip with LG2 2:00 B I N G O 2:30 Trivia @ L1 2:30 Movie @ Cinema	10:00 Bus Trip with LG1 10:30 Jewellery, Knit & Purl 11:00 Yoga Class 11:00 Music Therapy for LG2 2:00 Carpet Bowls 2:00 BINGO in LG1 2:00 Painting for LG2 (AIN) 2:30 Movie @ Cinema	10:30 Church Service 11:00 Massage Therapy 11:00 Musical Exercises 1:00 Pain Clinic @ Cinema 1:30 Bus Trip with LG1 2:00 B I N G O	10:00 Bus Trip with L1 10:30 Catholic Service 10:30 Jewellery, Knit & Purl 11:00 Musical Exercises 2:00 Quoits for LG2 (AIN) 2:00 Resident and Hospitality meeting in the Cinema 3:00 Movie @ Cinema	10:00 Bus Trip with G Floor 10:00 Scrabble @ Lounge Area 11:00 Massage Therapy 11:00 Pet Therapy w/ Leo 1:00 Pain Clinic @ Cinema 2:00 Live Concert and Happy Hour w/ Hugh Moran 2:30 Movie @ Cinema	10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Carpet Bowls 2:00 B I N G O 2:30 Music Therapy for LG2 2:30 Movie @ Cinema	10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Songs of Praise 2:00 B I N G O 2:30 Movie @ Cinema 3:00 Carpet Bowls	
16	17	18	R U OK? Day 19	20	21		22
10:00 Bus Trip with G Floor 11:00 Musical Exercises 11:00 Quoits @ L1 1:30 Bus Trip with LG2 2:00 B I N G O 2:30 Trivia @ L1 2:30 Movie @ Cinema	11:00 Yoga Class 11:00 Quoits for LG2 (AIN) 2:00 Carpet Bowls 2:00 Sing-A-Long in LG1	10:30 Church Service 11:00 Massage Therapy 11:00 Musical Exercises 1:00 Pain Clinic @ Cinema 1:30 Bus Trip with LG1	10:00 Bus Trip with L1 10:30 Catholic Service 10:30 Jewellery, Knit & Purl 11:00 Musical Exercises 2:00 R U OK? Day Event 2:30 Movie @ Cinema	10:00 Bus Trip with G Floor 10:00 Scrabble @ Lounge Area 11:00 Massage Therapy 11:00 Music Therapy for LG2 1:00 Pain Clinic @ Cinema 2:00 Live Concert and Happy Hour w/ Kristy Lee 2:30 Movie @ Cinema	11:00 Carpet Bowls 2:00 B I N G O 2:30 Music Therapy for LG2	10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Songs of Praise 2:00 B I N G O 2:30 Movie @ Cinema 3:00 Carpet Bowls	
23	24	25	26	27	28		29
10:00 Bus Trip with G Floor 11:00 Musical Exercises 11:00 Word Game @ L1 1:30 Bus Trip with LG2 2:00 B I N G O 2:30 Trivia @ L1 2:30 Movie @ Cinema	11:00 Yoga Class 11:00 Art Therapy LG2 (AIN) 2:00 Carpet Bowls 2:00 Quoits in LG1	10:30 Church Service 11:00 Massage Therapy 11:00 Musical Exercises 1:00 Pain Clinic @ Cinema 1:30 Bus Trip with LG1	10:00 Bus Trip with L1 10:30 Catholic Service 10:30 Jewellery, Knit & Purl 11:00 Musical Exercises 2:00 Painting for LG2 (AIN) 2:00 Carpet Bowls 2:30 Movie @ Cinema	10:00 Bus Trip with G Floor 10:00 Scrabble @ Lounge Area 11:00 Massage Therapy 11:00 Walking Activity for LG2 1:00 Pain Clinic @ Cinema 2:00 Live Concert and Happy Hour w/ Dion Palumbo 2:30 Movie @ Cinema	10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Carpet Bowls 2:00 B I N G O 2:30 Music Therapy for LG2 2:30 Movie @ Cinema	10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Songs of Praise 2:00 B I N G O 2:30 Movie @ Cinema 3:00 Carpet Bowls	