

## WELLBEING SOCIAL SUPPORT PROGRAM MARCH 2025 - TERREY HILLS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE	Room Visits Mon - Sun Bus Trips -Tues & Thurs Happy Hour - Fridays 3 pm Hair Dresser Wed - Thurs Andre Rieu DVD Channel 511 Mon - Fri 4pm *Subject to change at any time	We would like to acknowledge the Gadigal people of the Eora Nation, the traditional Custodians of this land, & pay our respects to elders both past & present	MARCH	Happy St. Patrick's Day	11.15 am Musical DVD 2.00 pm Knit & Purl 2.00 pm Bowls	1 11.30 am Songs of Praise 2.00 pm Trivia with June 2.00 pm Catholic Mass
3 11.15 am Exercise Class 2.00 pm Quiz 2.00 pm Carpet Bowls 2.00 pm Movie	4 Bus Outings Am & Pm 11.00 am Catholic Mass 11.00 am Exercise 511 2.00 pm Bingo 2.00 pm Movie	5 11.00 am Church Service 11.00 am Exercise Class & Meditation 1.40 pm School Visit 2.00 pm Rummy Kub 2.00 pm Movie Cinema	6 Bus Outings Am & Pm 11.00 am Exercise 511 2.00 pm Bingo 2.00 pm Jewellery	7 11.00 am Exercise Class 2.00 pm Rosary 2.30 pm Entertainment & Happy Hour	11.15 am Musical DVD 2.00 pm Easter Craft 2.00 pm Bowls 2.00 pm Movie	8 11.00 am Volunteers for Communion 11.30 am Songs of Praise 2.00 pm Trivia with June 2.00 pm Catholic Mass
10 11.00 am Exercise Class 2.00 pm Tea and Quiz 2.00 pm Carpet Bowls 2.00 pm Movie Cinema	11 Bus Outings Am & Pm 11.00 am Exercise 511 2.00 pm Easter Art 2.00 pm Bingo 2.00 pm Movie Cinema	12 11.00 am Exercise Class & Meditation 1.40 pm School Visit 2.00 pm Putt putt golf 2.00 pm Board Games 2.00 pm Movie Cinema	13 Bus Outings Am & Pm 11.00 am Exercise 511 2.00 pm Bingo 2.00 pm Mobile Library 2.00 pm Movie Cinema	14 11.00 am Exercise Class 2.00 pm Choir 2.30 pm Entertainment & Happy Hour	11.15 am Musical DVD 2.00 pm Knit & Purl 2.00 pm Bowls 2.00 pm Movie Cinema	<ul> <li>15 16</li> <li>11.30 am Songs of Praise</li> <li>2.00 pm Catholic Mass</li> <li>2.00 pm Trivia with June</li> </ul>
17 11.00 am Exercise Class 2.00 pm St Patrick's Day Tea & Trivia 2.00 pm Movie Cinema	18 Bus Outings Am & Pm 11.00 am Exercise 511 2.00 pm Easter Art 2.00 pm Bingo 2.00 pm Movie Cinema	19 11.00 am Volunteers for Communion 11.00 am Exercise Class & Meditation 1.40 pm School Visit 2.00 pm Rummy Kub 2.00 pm Putt Putt Golf 2.00 pm Movie Cinema	20 Bus Outings Am & Pm 11.00 am Exercise 511 2.00 pm Bingo 2.00 pm Jewellery 2.00 pm Movie Cinema	21 11.15 am Exercise Class 2.00 pm Rosary 2.30 pm Entertainment & Happy Hour	11.15 am Musical DVD 2.00 pm Easter Craft 2.00 pm Bowls 2.00 pm Movie Cinema	22 23 11.30 am Songs of Praise 2.00 pm Trivia with June 2.00 pm Catholic Mass
24 11.00 am Exercise Class 2.00 pm Tea and Quiz 2.00 pm Carpet Bowls 2.00 pm Movie Cinema	25 Bus Outings Am & Pm 11.00 am Exercise 511 2.00 pm Pancake Run 2.00 pm Arts and Craft 2.00 pm Movie Cinema	27 11.00 am Exercise Class 1.40 pm School Visit 2.00 pm Putt putt golf 2.00 pm Movie Cinema	28 Bus Outings Am & Pm 11.15 am Exercise 511 2.00 pm Bingo 2.00 pm Mobile Library 2.00 pm Movie Cinema	29 <b>BIRTHDAYS</b> THIS MONTH 11.00 am Exercise Class 2.00 pm Choir 2.30 pm Entertainment & B'Day of MTH	11.15 am Musical DVD 2.00 pm Knit & Purl 2.00 pm Bowls 2.00 pm Movie Cinema	30 11.30 am Songs of Praise 2.00 pm Trivia with June 2.00 pm Catholic Mass