



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 10:00 Bus Trip with G Floor 11:00 Musical Exercises 11:00 Quaits @ L1 11:00 Balloons for LG2 1:30 Bus Trip with LG2 2:00 B I N G O 2:30 Trivia @ L1 2:30 Movie @ Cinema	2 10:00 Bus Trip with LG1 10:30 Jewellery and knit&purl 11:00 Yoga Class 11:00 Carpet Bowls for G 2:00 Walking group 2:00 Quoits for LG2 2:30 Movie @ Cinema	3 10:00 Bus Trip with L1 10:30 Church Service 11:00 Hand & Foot Spa 11:00 Musical Exercises 1:00 Pain Clinic @ Cinema 2:00 Carpet Bowls 2:00 B I N G O 2:30 Movie @ Cinema	4 10:00 Bus Trip with L1 10:30 Catholic Service 10:30 Jewellery Making 11:00 Musical Exercises 1:30 Art Therapy @ L1 2:00 Happy Trolley for LG2 2:00 Pizza Making 2:30 Movie @ Cinema	5 10:00 Bus Trip with G Floor 10:00 Scrabble @ Lounge Area 11:00 Hand & Foot Spa 11:00 Balloons for LG2 2:00 Live Concert and Happy Hour w/ Harry Court 2:30 Movie @ Cinema	6 10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Carpet Bowls 2:30 B I N G O 2:30 Music Therapy for LG2 2:30 Movie @ Cinema	7 10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Songs of Praise 2:00 B I N G O 2:30 Movie @ Cinema 3:00 Carpet Bowls
8	 NAIDOC 9	10	11	Christmas in July!!! 12	13	14
10:00 Bus Trip with G Floor 11:00 Musical Exercises 11:00 Word Game @ L1 1:30 Bus Trip with LG2 2:00 B I N G O 2:30 Trivia @ L1 2:30 Movie @ Cinema	10:00 Bus Trip with LG1 10:30 Jewellery and knit&purl 11:00 Yoga Class 11:00 Colours in the Box for LG 2:00 Live Concert w/ Harry Court 2:00 Happy Trolley for LG2 (AIN) 2:30 Residents and Hospitality n 2:30 Movie @ Cinema	10:00 Bus Trip with L1 10:30 Catholic Service 11:00 Hand & Foot Spa 11:00 Musical Exercises 1:00 Pain Clinic @ Cinema 2:00 Carpet Bowls 2:00 B I N G O 2:30 Movie @ Cinema	10:00-2:00 Picnic Bus 10:30 Catholic Service 10:30 Jewellery and knit&purl 11:00 Musical Exercises 2:00 Quoits for LG2 (AINs) 2:00 Pizza Making 2:30 Movie @ Cinema	10:00 Bus Trip with G Floor 10:00 Scrabble @ Lounge Area 11:00 Hand & Foot Spa 11:00 Music Therapy for LG2 2:00 Live Concert and High Tea w/ Harry Court 2:30 Movie @ Cinema	10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Carpet Bowls 2:00 B I N G O 2:30 Music Therapy for LG2 2:30 Movie @ Cinema	10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Songs of Praise 2:00 B I N G O 2:30 Movie @ Cinema 3:00 Carpet Bowls
15	16	17	18	19	20	21
10:00 Bus Trip with G Floor 11:00 Musical Exercises 11:00 Pet Therapy w/ Pippa 1:30 Bus Trip with LG2 2:00 B I N G O 2:30 Trivia @ L1 2:30 Movie @ Cinema	10:00 Bus Trip with LG1 10:30 Jewellery Making 11:00 Yoga Class 11:00 Music Therapy for LG2 2:00 Carpet Bowls 2:00 Walking group 2:00 Paintings for LG2 (AINs) 2:30 Movie @ Cinema	10:00 Bus Trip with L1 10:30 Church Service 11:00 Hand & Foot Spa 11:00 Musical Exercises 1:00 Pain Clinic @ Cinema 2:00 Carpet Bowls 2:30 The Dural Olympic @ Train 2:30 Movie @ Cinema	10:00 Bus Trip with L1 10:30 Catholic Service 10:30 Jewellery and knit&purl 11:00 Musical Exercises 1:30 Art Therapy @ L1 2:00 Quoits for LG2 (AINs) 2:00 Pizza Making 2:30 Movie @ Cinema	10:00 Bus Trip with G Floor 10:00 Scrabble @ Lounge Area 11:00 Hand & Foot Spa 11:00 Pet Therapy w/ Leo 11:00 Balloons for LG2 2:00 Live Concert and Happy Hour w/ ? 2:30 Movie @ Cinema	10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Carpet Bowls 2:00 B I N G O 2:30 Music Therapy for LG2 2:30 Movie @ Cinema	10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Songs of Praise 2:00 B I N G O 2:30 Movie @ Cinema 3:00 Carpet Bowls
22	23	Carpet Bowls Competition! 24	25	26	27	28
10:00 Bus Trip with G Floor 11:00 Musical Exercises 11:00 Quaits @ L1 1:30 Bus Trip with LG2 2:00 B I N G O 2:30 Trivia @ L1 2:30 Movie @ Cinema	10:00 Bus Trip with LG1 10:30 Jewellery Making 11:00 Yoga Class 11:00 Quoits for LG2 (AINs) 2:00 Carpet Bowls 2:00 Ice Cream Trolley for LG2 2:30 Movie @ Cinema	10:00 Carpet Bowl Competition 10:30 Church Service 11:00 Hand & Foot Spa 11:00 Musical Exercises 1:00 Pain Clinic @ Cinema 2:00 B I N G O 2:30 Movie @ Cinema	10:00 Bus Trip with LG2 10:30 Catholic Service 10:30 Jewellery and knit&purl 11:00 Musical Exercises 1:30 Art Therapy @ L1 2:00 Dancing Activity for LG2 (A 2:00 Pizza Making 2:30 Movie @ Cinema	10:00 Bus Trip with G Floor 10:00 Scrabble @ Lounge Area 11:00 Hand & Foot Spa 1:30 Bus Trip with LG2 2:00 Live Concert and Happy Hour w/ Dion Palumbo 2:30 Movie @ Cinema	10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Carpet Bowls 2:00 B I N G O 2:30 Music Therapy for LG2 2:30 Movie @ Cinema	10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Songs of Praise 2:00 B I N G O 3:00 Carpet Bowls 2:30 Movie @ Cinema
29	30			DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAYBE SUBJECT TO CANCELLATION OR CHANGE		EXTRA ACTIVITIES: GYM Sessions : by appointment Massage Therapy : by appointment Walk and Talk : by appointment Hornsby Library Visit : 18 July Residents' Meeting : Monthly Pain Clinic - Wed & Fri @ 1PM in the Cinema : by appointment