



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
EXTRA ACTIVITIES: GYM Sessions : by appointment Massage Therapy : by appointment Make a booking @ Reception Walk and Talk : by appointment Hornsby Library Visit : 16 JAN Pain Clinic - Wed & Fri @ 1PM in the Cinema : by appointment		New Year 1 NO BUS TRIP 11:00 Musical Exercises 11:00 Massage Therapy 2:00 B I N G O 2:30 Trivia @ L1 2:30 Movie @ Cinema	2 10:00 Bus Trip with L1 11:00 Musical Exercises 11:00 Board Game @ Lounge Area 2:00 Sing A Long for LG2 2:00 Carpet Bowls 2:30 Movie @ Cinema	3 10:00 Bus Trip with GF 10:00 Scrabble @ Lounge Area 11:00 Massage Therapy 11:00 Pet Therapy w/ LEO 1:00 Pain Clinic @ Cinema 2:00 Live Concert and Happy Hour w/ Paul Leventhal 3:00 Movie @ Cinema	4 10:30 Jewellery, Knit & Purl 11:00 Carpet Bowls 2:00 B I N G O 2:00 Massage for LG2 2:30 Movie @ Cinema	5 10:30 Coffee & Chat 11:00 Quoits for LG1 11:00 Songs of Praise 2:00 Quoits for LG2 2:00 Carpet Bowls 2:30 Movie @ Cinema
6 10:00 Bus Trip with GF 11:00 Musical Exercises 11:00 Word Game @ L1 1:30 Bus Trip with LG1 2:00 B I N G O 2:30 Quoits for LG2 2:30 Movie @ Cinema	7 10:00 Bus Trip with L1 10:30 Jewellery, Knit & Purl 11:00 Yoga Class 11:00 Colours in the Box for LG2 (AINs) 2:00 Carpet Bowls 2:00 Quoits for LG1 2:30 Movie @ Cinema	8 10:30-2:30 Picnic Bus Trip 10:30 Gardening with Miles 11:00 Massage Therapy 11:00 Musical Exercises 2:00 B I N G O 2:30 Trivia @ L1 2:30 Movie @ Cinema	9 10:00 Bus Trip with L1 10:30 Catholic Service 11:00 Musical Exercises 2:00 Painting for LG2(AINs) 2:00 Resident and Hospitality MEETING in the Chapel 2:30 Movie @ Cinema	10 10:00 Bus Trip with GF 10:00 Scrabble @ Lounge Area 11:00 Massage Therapy 11:00 Music Therapy for LG2 1:00 Pain Clinic @ Cinema 2:00 Live Concert and Happy Hourw/ Ares Hernandez 3:00 Movie @ Cinema	11 10:30 Jewellery, Knit & Purl 11:00 Carpet Bowls 2:00 B I N G O 2:00 Massage for LG2 2:30 Movie @ Cinema	Australian Open12 10:30 Coffee & Chat 11:00 Quoits for LG1 11:00 Songs of Praise 2:00 Café Visit for LG2 2:00 Carpet Bowls 2:30 Movie @ Cinema
13 10:00 Bus Trip with GF 11:00 Musical Exercises 11:00 Word Game @ L1 1:30 Bus Trip with LG1 2:00 B I N G O 2:30 Quoits for L1 2:30 Movie @ Cinema	14 10:00 Bus Trip with L1 10:30 Jewellery, Knit & Purl 11:00 Yoga Class 11:00 Music Therapy for LG2(AINs) 2:00 Carpet Bowls 2:00 BINGO for LG1 2:30 Movie @ Cinema	15 10:00 Bus Trip with LG1 10:30 Gardening with Miles 11:00 Musical Exercises 11:00 Massage Therapy 1:30 Bus Trip with LG2 2:00 B I N G O 2:30 Trivia @ L1 2:30 Movie @ Cinema	16 10:00 Bus Trip with L1 10:30 Catholic Service 11:00 Musical Exercises 2:00 Quoits for LG2 (AINs) 2:00 Carpet Bowls 2:30 Movie @ Cinema	17 10:00 Bus Trip with GF 10:00 Scrabble @ Lounge Area 11:00 Massage Therapy 11:00 Music Therapy for LG2 1:00 Pain Clinic @ Cinema 2:00 Live Concert and Happy Hour w/ Harry Court 3:00 Movie @ Cinema	18 10:30 Jewellery, Knit & Purl 11:00 Carpet Bowls 2:00 B I N G O 2:00 Massage for LG2 2:30 Movie @ Cinema	19 10:30 Coffee & Chat 11:00 Quoits for LG1 11:00 Songs of Praise 2:00 Quoits for LG2 2:00 Carpet Bowls 2:30 Movie @ Cinema
20 10:00 Bus Trip with GF 11:00 Musical Exercises 11:00 Word Game @ L1 1:30 Bus Trip with LG1 2:00 B I N G O 2:30 Quoits for LG2 2:30 Movie @ Cinema	21 10:00 Bus Trip with L1 10:30 Jewellery, Knit & Purl 11:00 Yoga Class 11:00 Painting for LG2 (AINs) 2:00 Carpet Bowls 2:00 Quoits for LG1 3:00 Movie @ Cinema	22 10:00 Bus Trip with LG1 10:30 Gardening with Miles 11:00 Musical Exercises 11:00 Massage Therapy 1:30 Bus Trip with LG2 2:00 B I N G O 2:30 Trivia @ L1 2:30 Movie @ Cinema	23 10:00 Bus Trip with L1 10:30 Catholic Service 11:00 Musical Exercises 1:30 Dot Painting 2:00 Colours in the Box for LG2 (AINs) 2:00 Carpet Bowls 2:30 Movie @ Cinema	24 10:00 Bus Trip with GF 10:00 Scrabble @ Lounge Area 11:00 Massage Therapy 11:00 Music Therapy for LG2 2:00 Live Concert and Happy Hour w/ Dion Palumbo Australia Day Concert 3:00 Movie @ Cinema	25 10:30 Jewellery, Knit & Purl 11:00 Carpet Bowls 2:00 B I N G O 2:00 Massage for LG2 2:30 Movie @ Cinema	 26 10:30 Coffee & Chat 11:00 Quoits for LG1 11:00 Songs of Praise 12:00 BBQ Lunch 2:00 Café Visit for LG2 2:00 Carpet Bowls 2:30 Movie @ Cinema
27 NO BUS TRIP 11:00 Musical Exercises 11:00 Word Game @ L1 2:00 B I N G O 2:30 Quoits for L1 2:30 Movie @ Cinema	Mobile Farm 28 10:00 Bus Trip with L1 10:30-11:30 Mobile Farm 2:00 Carpet Bowls 2:00 BINGO for LG1 2:30 Movie @ Cinema	Lunar New Year 29 10:30-2:30 Picnic Bus Trip 10:30 Church Service 10:30 Gardening with Miles 11:00 Musical Exercises 2:00 B I N G O 2:30 Trivia @ L1 2:30 Movie @ Cinema	30 10:00 Bus Trip with GF 10:30 Catholic Service 11:00 Musical Exercises 2:00 Balloon Game for LG2 (AINs) 2:00 Carpet Bowls 2:30 Movie @ Cinema	31 10:00 Bus Trip with LG2 10:00 Scrabble @ Lounge Area 11:00 Massage Therapy 11:00 Pet Therapy w/ LEO 1:00 Pain Clinic @ Cinema 2:00 Live Concert and Happy Hour w/ Harry Court	DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAYBE SUBJECT TO CANCELLATION OR CHANGE	



3:00 Movie @ Cinema

