

# JANUARY 2025 ACTIVITY CALENDAR - BEECROFT HOUSE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
						
Level 1 Blue Level 2 Green Level 3 Purple Level 4 Orange			11am Bingo (L2) 2pm Music Therapy(L4) 2pm Hydration Cart 3pm Art / Craft (L1) and Warm Snack	11am Art / Craft (L2) 2pm Afternoon Movie 2pm Hydration Smoothie cart 3pm Book Reading (L1) and Warm Snack	10.30am Gardening 11am Gentle Exercise (L3) 2pm Happy Hour and Smoothie Cart 3pm Art / Craft (L1) and Warm Snack	11am Ball Game (L2) 2pm Dessert Cart and Hydration Cart 3pm Afternoon Movie and Warm Snack
	5	6	7	8	9	10
						
	10am Pet Therapy 11am Exercise To Music (L2) 2pm Hydration Smoothie cart 2pm Songs of Worship (L3) 3pm Music & Massage (L1) and Warm Snack	10am Music Therapy (L1) 11am Entertainment (L2) 1.30pm Bus Trip (L,2,3,4) 2pm Hydration Smoothie cart 3pm Art /Craft (L1) and Warm Snack	11am Bingo (L2) 2pm Music Therapy(L4) 2pm Hydration Cart 3pm Art / Craft (L1) and Warm Snack	11am Ball Game (L2) 1.30pm Bus Trip (L1) 2pm Afternoon Movie 2pm Hydration Smoothie cart 3pm Music & Massage (L1) and Warm Snack	10.30am Gardening 11am Gentle Exercise (L3) 2pm Happy Hour and Smoothie Cart 3pm Jigsaws (L1) and Warm Snack	11am Ball Game (L2) 2pm Dessert Cart and Hydration Cart 3pm Afternoon Movie and Warm Snack
	12	13	14	15	16	17
						
	10am Pet Therapy 11am Exercise To Music (L2) 2pm Hydration Smoothie cart 2pm Songs of Worship (L3) 3pm Music & Massage (L1) and Warm Snack	10am Music Therapy (L1) 11am Entertainment (L2) 1.30pm Bus Trip (L,2,3,4) 2pm Hydration Smoothie cart 3pm Art /Craft (L1) and Warm Snack	11am Bingo (L2) 1.30pm Bus Trip 2pm Hydration Cart 3pm Art / Craft (L1) and Warm Snack	11am Art / Craft (L2) 2pm Afternoon Movie 2pm Hydration Smoothie cart 3pm Book Reading (L1) and Warm Snack	10.30am Gardening 11am Gentle Exercise (L3) 2pm Happy Hour and Smoothie Cart 3pm Art / Craft (L1) and Warm Snack	11am Ball Game (L2) 2pm Dessert Cart and Hydration Cart 3pm Afternoon Movie and Warm Snack
	19	20	21	22	23	24
						
	10am Pet Therapy 11am Exercise To Music (L2) 2pm Hydration Smoothie cart 2pm Songs of Worship(L3) 3pm Music & Massage (L1) and Warm Snack	10am Music Therapy (L1) 11am Entertainment (L2) 1.30pm Bus Trip (L,2,3,4) 2pm Hydration Smoothie cart 3pm Art /Craft (L1) and Warm Snack	11am Commemorative event for Australia Day 12pm Special Luncheon 2pm Australia Movie & Snack time	11am Ball Game (L2) 1.30pm Bus Trip (L1) 2pm Afternoon Movie 2pm Hydration Smoothie cart 3pm Music & Massage (L1) and Warm Snack	10.30am Gardening 11am Gentle Exercise (L3) 2pm Happy Hour and Smoothie Cart 3pm Jigsaws (L1) and Warm Snack	11am Ball Game (L2) 2pm Dessert Cart and Hydration Cart 3pm Afternoon Movie and Warm Snack
	26	27	28	29	30	31
						
	10am Pet Therapy 11am Exercise To Music (L2) 2pm Hydration Smoothie cart 2pm Songs of Worship(L3) 3pm Music & Massage (L1) and Warm Snack	10am Music Therapy (L1) 11am Entertainment (L2) 1.30pm Bus Trip (L,2,3,4) 2pm Hydration Smoothie cart 3pm Art /Craft (L1) and Warm Snack	11am Birthday Pary(L2) 2pm Hydration Cart 3pm Art / Craft (L1) and Warm Snack	11am Art / Craft (L2) 2pm Afternoon Movie 2pm Hydration Smoothie cart 3pm Book Reading (L1) and Warm Snack	10.30am Gardening 11am Gentle Exercise (L3) 2pm Happy Hour and Smoothie Cart 3pm Jigsaws (L1) and Warm Snack	DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE