








MARCH 2025 SOCIAL SUPPORT CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
31 10:00 Bus Trip with GF 11:00 Massage Therapy 11:00 Musical Exercises 11:00 Balloon Toss for LG2 (AIN) 2:00 B I N G O 2:30 Quoits for L1 2:30 Movie @ Cinema		EXTRA ACTIVITIES : GYM Sessions : by appointment Massage THERapy : by appointment Picnic Bus Trip- Reserve seat Make a booking @ Reception Walk and Talk : by appointment Hornsby Library Visit : Pain Clinic - Fri @ 1PM in Cinema: by appointment		DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE	1 10:30 Jewellery, Knit & Purl 11:00 Carpet Bowls 2:00 B I N G O 2:00 Massage for LG2 2:30 Movie @ Cinema	2 10:30 Coffee & Chat 11:00 Quoits for LG1 11:00 Songs of Praise 2:00 Quoits for LG2 2:00 Carpet Bowls 2:30 Movie @ Cinema
3 10:00 Bus Trip with GF 11:00 Massage Therapy 11:00 Musical Exercises 11:00 Sensory Activity LG2 (AIN) 2:00 B I N G O 2:30 Quoits for L1 2:30 Movie @ Cinema	4 10:30 - 2:30 Picnic Bus Trip 11:00 Yoga Class 11:00 Food Focus Group w/L1 2:00 Carpet Bowls 2:00 Bingo LG1 2:30 Movie @ Cinema	5 10:00 Bus Trip with LG1 10:30 Church Service 11:15 Seated Zumba 1:30 Gardening with Miles 2:00 B I N G O 2:30 Word Game @ L1 2:30 Movie @ Cinema	6 10:30 Catholic Service 10:30 Jewellery, Knit & Purl 1:30 Bus trip with LG2 2:00 Residents & Representatives Meeting in the Chapel 2:30 Movie @ Cinema	7 10:00 Bus Trip with L1 10:00 Scrabble @ Lounge Area 10:30 Massage Therapy 11:00 Garden walk for LG2 1:00 Pain Clinic @ Cinema 2:00 Live Concert & Happy Hour w/ Leyla Nassif 3:00 Movie @ Cinema	8 10:30 Jewellery, Knit & Purl 11:00 Carpet Bowls 2:00 B I N G O 2:00 Massage for LG2 2:30 Movie @ Cinema	9 10:30 Coffee & Chat 11:00 Massage for LG2 11:00 Songs of Praise 2:00 Quoits for LG2 2:00 Carpet Bowls 2:30 Movie @ Cinema
10 10:00 Bus Trip with GF 11:00 Massage Therapy 11:00 Musical Exercises 11:00 Garden Walk for LG2 (AIN) 2:00 B I N G O 2:30 Movie @ Cinema	11 10:30 - 2:30 Picnic Bus Trip 11:00 Yoga Class 11:00 Food Focus Group w/GF 2:00 Carpet Bowls 2:00 Bingo LG1 2:30 Movie @ Cinema	12 10:00 Bus Trip with LG1 10:30 Church Service 11:15 Seated Zumba 1:30 Gardening with Miles 2:00 B I N G O 2:30 Trivia @ L1 2:30 Movie @ Cinema	13 9:30 Brigidine College Visit 10:30 Catholic Service 10:30 Jewellery, Knit & Purl 1:30 Bus trip with LG2 2:00 Carpet Bowls 2:30 Movie @ Cinema	14 Please Wear Green 9:30 Brigidine College Visit 10:00 Bus Trip with L1 10:00 Scrabble @ Lounge Area 10:30 Massage Therapy 1:00 Pain Clinic @ Cinema 2:00 St Patricks Day Concert & Happy Hour w/ Dion Palumbo 3:00 Movie @ Cinema 	15 10:30 Jewellery, Knit & Purl 11:00 Carpet Bowls 2:00 B I N G O 2:00 Massage for LG2 2:30 Movie @ Cinema	16 10:30 Coffee & Chat 11:00 Quoits for LG1 11:00 Songs of Praise 2:00 Quoits for LG2 2:00 Carpet Bowls 2:30 Movie @ Cinema
St. Patricks Day 17 10:00 Bus Trip with GF 11:00 Massage Therapy 11:00 Musical Exercises 11:00 Sensory Activity LG2 (AIN) 2:00 B I N G O 2:30 Quoits for L1 2:30 Movie @ Cinema 	18 10:30 - 2:30 Picnic Bus Trip 11:00 Yoga Class 11:00 Food Focus Group w/LG1 2:00 Carpet Bowls 2:00 Bingo LG1 2:30 Movie @ Cinema	19 10:00 Bus Trip with LG1 10:30 Church Service 11:15 Seated Zumba 1:30 Gardening with Miles 2:00 B I N G O 2:30 Word Game @ L1 2:30 Movie @ Cinema	20 10:30 Catholic Service 10:30 Jewellery, Knit & Purl 1:30 Bus trip with LG2 2:00 Carpet Bowls 2:30 Movie @ Cinema	21 10:00 Bus Trip with L1 10:00 Scrabble @ Lounge Area 10:30 Massage Therapy 11:00 Music Therapy for LG2 1:00 Pain Clinic @ Cinema 2:00 Live Concert & Happy Hour w/ Harry Court 3:00 Movie @ Cinema	22 10:30 Jewellery, Knit & Purl 11:00 Carpet Bowls 2:00 B I N G O 2:00 Massage for LG2 2:30 Movie @ Cinema	23 10:00 Janine's Chocolate Pop up Shop GF Lobby 10:30 Coffee & Chat 11:00 Quoits for LG1 11:00 Songs of Praise 2:00 Quoits for LG2 2:00 Carpet Bowls 2:30 Movie @ Cinema 
24 10:00 Bus Trip with GF 11:00 Massage Therapy 11:00 Musical Exercises 11:00 Pet Therapy w/ Pippa 2:00 B I N G O 2:30 Movie @ Cinema	25 10:30 - 2:30 Picnic Bus Trip 11:00 Yoga Class 2:00 Carpet Bowls 2:00 Bingo LG1 2:30 Movie @ Cinema	26 10:00 Bus Trip with LG1 10:30 Church Service 11:15 Seated Zumba 1:30 Gardening with Miles 2:00 B I N G O 2:30 Trivia @ L1 2:30 Movie @ Cinema	27 10:30 Catholic Service 10:30 Jewellery, Knit & Purl 1:30 Bus trip with LG2 2:00 Carpet Bowls 2:30 Movie @ Cinema	28 10:00 Bus Trip with L1 10:00 Scrabble @ Lounge Area 10:30 Massage Therapy 11:00 Pet Therapy w/ Leo 1:00 Pain Clinic @ Cinema 2:00 Live Concert & Happy Hour w/ Ross Hamilton 3:00 Movie @ Cinema	29 10:30 Jewellery, Knit & Purl 11:00 Carpet Bowls 2:00 B I N G O 2:00 Massage for LG2 2:30 Movie @ Cinema	30 10:30 Coffee & Chat 11:00 Quoits for LG1 11:00 Songs of Praise 2:00 Quoits for LG2 2:00 Carpet Bowls 2:30 Movie @ Cinema