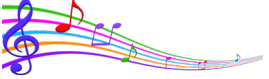




















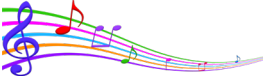











THOMPSON
HEALTH CARE

MARCH 2025 WELLBEING AND SOCIAL SUPPORT CALENDAR - BOWRAL HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>31</p> <p>10.45 One on one visits</p> <p>2.00 Sing along</p> 	<p>Happy Birthday</p> <p>6th - Don 8th - Margaret M 8th - Judith Mac 9th - Joan F</p>	<p>Happy Birthday</p> <p>12th - Lotte 18th - Arthur 21st - Julie 31st - Roger</p>	<p>DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE</p>		<p>1</p> <p>10.45 One on one visits</p> <p>2.00 Gentle exercise and quiz</p>  	<p>2</p> <p>SKYPE CALLS Individual visits</p> <p>2.00 Afternoon Movie</p>
<p>3</p> <p>Bob's Parrots visiting</p> <p>10.45 One on one visits</p> <p>2.00 Sing along</p>  <p>4pm Frensham students visit</p>	<p>4</p> <p>10.45 Exercise to music</p>  <p>2.00 Mary Lou Tissue Art</p>	<p>5</p> <p>10.45 Pet therapy </p> <p>10.45 Newsgroup </p> <p>2.00 Bingo </p> <p>2.00 Bus trip </p>	<p>6</p> <p>10.45 - Quiz </p> <p>2.00 Physiotherapy FALLS PREVENTION CLASS</p>	<p>7</p> <p>10.30 Catholic communion</p> <p>10.45 Bingo </p> <p>2.00 - Bus Trip</p> <p>2.00 Knitting </p>	<p>8</p> <p>10.45 One on one visits</p> <p>2.00 Gentle exercise and quiz</p>  	<p>9</p> <p>SKYPE CALLS Individual visits</p> <p>2.00 Afternoon Movie</p>
<p>10</p> <p>10.45 One on one visits</p> <p>2.00 Sing along</p> 	<p>11</p> <p>10.45 Exercise to music</p> <p>2.00 Great Thoughts Margi</p>	<p>12</p> <p>10.45 Pet therapy </p> <p>10.45 Newsgroup </p> <p>2.00 Melanie floristry</p> <p>2.00 Bus trip </p>	<p>13</p> <p>10.45 - Quiz </p> <p>2.00 Physiotherapy FALLS PREVENTION CLASS</p>	<p>14</p> <p>10.30 Catholic communion</p> <p>10.45 Bingo </p> <p>2.00 - Bus Trip</p> <p>2.00 Knitting</p>	<p>15</p> <p>10.45 One on one visits</p> <p>2.00 Gentle exercise and quiz</p>  	<p>16</p> <p>SKYPE CALLS Individual visits</p> <p>2.00 Afternoon Movie</p>
<p>17</p> <p>10.45 One on one visits</p> <p>2.00 Sing along</p>  <p>4pm Frensham students visit</p>	<p>18</p> <p>10.45 Exercise to music</p>  <p>2.00 Louise Bell Concert Piano Harp Violin Vocals</p>	<p>19</p> <p>10.45 Pet therapy </p> <p>10.45 Bingo</p> <p>2.00 Bus trip </p>	<p>20</p> <p>10.45 - St Jude's Fellowship Service</p>  <p>2.00 Physiotherapy FALLS PREVENTION CLASS</p>	<p>21</p> <p>10.30 Catholic communion</p> <p>10.45 Bingo </p> <p>2pm- Ice-creamery Knitting</p>	<p>22</p> <p>10.45 One on one visits</p> <p>2.00 Gentle exercise and quiz</p>  	<p>23</p> <p>SKYPE CALLS Individual visits</p> <p>2.00 Afternoon Movie</p>
<p>24</p> <p>10.45 One on one visits</p> <p>2.00 Sing along</p>  <p>4pm Frensham students visit</p>	<p>25</p> <p>10.45 Exercise to music</p>  <p>1.30 - Birthday party Concert With Stan</p>	<p>26</p> <p>10.45 Pet therapy </p> <p>10.45 Newsgroup </p> <p>2.00 Bingo </p> <p>2.00 Bus trip </p>	<p>27</p> <p>10.45 - Quiz</p> <p>2.00 Physiotherapy FALLS PREVENTION CLASS</p>	<p>28</p> <p>10.30 Catholic communion</p>  <p>PM Ainsley winter collection</p> <p>2.00 - Bus Trip</p>	<p>29</p> <p>10.45 One on one visits</p> <p>2.00 Gentle exercise and quiz</p>  	<p>30</p> <p>SKYPE CALLS Individual visits</p> <p>2.00 Afternoon Movie</p>