



THOMPSON
HEALTH CARE

DECEMBER 2024 ACTIVITY CALENDAR - AVALON HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>30</p> <p>11.00 MONDAY MORNING GET TOGETHER</p> <p>1.30 CARPET BOWLS</p> 	<p>NEW YEAR EVE</p> <p>9.00 HAIRDRESSER 10.00 PET THERAPY 11.00 WALKS AND TALKS</p> <p>1.30 POETRY READING</p> 	<p><i>Merry Christmas</i></p> 	<p>Illustration of Santa Claus</p> 	<p>DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE</p>	<p>WE WOULD LIKE TO ACKNOWLEDGE THE GADIGAL PEOPLE OF THE EORA NATION, THE TRADITIONAL CUSTODIANS OF THIS LAND, AND PAY OUR RESPECTS TO ELDERS BOTH PAST AND PRESENT.</p>	<p>1</p> <p>11.00 SONGS OF PRAISE</p>  <p>1.00 SUNDAY MOVIE & ICE CREAM TROLLEY (ALL RESIDENTS)</p>
<p>2</p> <p>11.00 MONDAY MORNING GET TOGETHER</p> <p>1.30 CARPET BOWLS</p>	<p>3</p> <p>9.00 HAIRDRESSER 10.00 PET THERAPY 11.00 WALKS AND TALKS</p> <p>1.30 CONCERT - KEFF</p> <p>CONCERT</p>	<p>4</p> <p>10.30 BALANCE AND STRENGTH</p> <p>11:00 CATHOLIC SERVICE</p> <p>1.30 BUS TRIP</p> <p>1.30 DOCUMENTARY</p> 	<p>5</p> <p>11:00 COOKING (D) 11:00 EXERCISE WITH STEPHEN</p> <p>1:30 CHRISTMAS TREE DECORATING</p> 	<p>6</p> <p>10:30 BUS TRIP 11:00 GENTLE SEATED EXERCISE</p> <p>1.30 POETRY READING</p> 	<p>7</p> <p>11.00 FIND A WORD</p> <p>W, O, R, D</p> <p>1.30 BINGO 1.45 SINGALONG (D)</p>	<p>8</p> <p>11.00 SONGS OF PRAISE</p>  <p>1.00 SUNDAY MOVIE & ICE CREAM TROLLEY (ALL RESIDENTS)</p>
<p>9</p> <p>11.00 RESIDENT / DON MEETING</p> <p>1.30 CHRISTMAS CRAFT</p> 	<p>10</p> <p>9.00 HAIRDRESSER 11.00 CHRISTMAS MARKET STALL</p> <p>3.30 PIANO BAR - JULIET</p> 	<p>11</p> <p>10.30 BALANCE AND STRENGTH 11:00 GAMES (D)</p>  <p>1.30 BUS TRIP 1.30 DOCUMENTARY</p>	<p>12</p> <p>11.00 EXERCISE WITH STEPHEN</p> <p><i>Christmas Party</i></p> <p>12.00 RESIDENT CHRISTMAS PARTY 1.30 CONCERT - WITH LOVE</p>	<p>13</p> <p>10:30 BUS TRIP 11:00 FLORAL ART</p>  <p>1.30 BALLOON TENNIS</p>	<p>14</p> <p>11.00 SINGALONG</p>  <p>1.30 BINGO 1.45 SINGALONG (D)</p>	<p>15</p> <p>11.00 SONGS OF PRAISE</p>  <p>1.30 SUNDAY MOVIE & ICE CREAM TROLLEY (ALL RESIDENTS)</p>
<p>16</p> <p>10.30 MARIA REGINA SCHOOL VISIT</p> <p>1.30 ANGLICAN CHURCH CAROL SERVICE</p> 	<p>17</p> <p>9.00 HAIRDRESSER 10.00 PET THERAPY 11.00 WALKS AND TALKS</p> <p>1.30 CHRISTMAS POETRY READING</p> 	<p>18</p> <p>10.30 BALANCE AND STRENGTH</p> <p>11:00 CATHOLIC SERVICE</p> <p>1.30 BUS TRIP 1.30 DOCUMENTARY</p>	<p>19</p> <p>11:00 COOKING (D) 11:00 EXERCISE WITH STEPHEN</p> <p>1.30 CONCERT - LYRIC TRIO</p> <p>CONCERT</p>	<p>20</p> <p>10.30 BUS TRIP</p>  <p>10.45 LOVE IN ACTION - CHRISTIAN SERVICE</p> <p>1.30 AGELESS MOVES</p>	<p>21</p> <p>11.00 FIND A WORD</p> <p>W, O, R, D</p> <p>1.30 BINGO 1.45 SINGALONG (D)</p>	<p>22</p> <p>11.00 SONGS OF PRAISE</p>  <p>1.00 SUNDAY MOVIE & ICE CREAM TROLLEY (ALL RESIDENTS)</p>
<p>23</p> <p>11.00 MONDAY MORNING GET TOGETHER</p> <p>1.30 CONCERT - GEOFF SUEDE</p> <p>CONCERT</p>	<p>24</p> <p>9.00 HAIRDRESSER 10.00 PET THERAPY 11.00 WALKS AND TALKS</p> <p>1.30 CHRISTMAS TRIVIA</p> 	<p>CHRISTMAS DAY</p> <p>11.00 ANDRE RIEU XMAS SPECIAL</p> <p>1.30 CAROLS IN THE DOMAIN</p> 	<p>BOXING DAY</p> <p>11.00 SINGALONG</p>  <p>1.00 SYDNEY TO HOBART YACHT RACE</p>	<p>27</p> <p>10.30 CONCERT - RODERIC</p> <p>CONCERT</p> <p>1.00 MUSIC THERAPY (D) 1.30 DRUMMING WITH CARLY</p>	<p>28</p> <p>11.00 GENTLE SEATED EXERCISE</p> <p>1.30 BINGO 1.45 SINGALONG (D)</p>	<p>29</p> <p>11.00 SONGS OF PRAISE</p>  <p>1.00 SUNDAY MOVIE & ICE CREAM TROLLEY (ALL RESIDENTS)</p>