

A new year, we are very pleased to start the year with lots of wonderful activities and events planned for our residents. It is going to be a busy and rewarding year, full of events to keep everyone happy and engaged

Looking back, 2024 was a good year with plenty of memorable moments. From our festive holiday celebrations to our bus trips and summer barbecues we've shared some truly special times together. We're incredibly proud of our residents' families and staff for their resilience and dedication, especially through the challenges of COVID-19 outbreaks. Your commitment to keeping our community safe is truly appreciated.

We would like to welcome all our new residents and families. We're so happy to have you join our community. Settling into a new place can take time, so please don't hesitate to reach out if you need anything. We encourage you to join in on our social activities, it's a great way to meet new friends and feel at home.

We also want to thank our residents' families for their ongoing support. Your understanding and partnership mean so much to us, and we're committed to working together to provide the best possible care for your loved ones.

We would like to welcome our new educator Sarisma Sedhai she is highly experienced in clinical care and is a great addition to our management team, Sarisma will be working Tuesday to Thursday

We're looking forward to another great year ahead! As always, we welcome your feedback and suggestions – your input helps us make our community even better

Kind regards

Fiona Flood

Director of Nursing



DRUMMING TO MUSIC

Whether you are drumming along or enjoying the rhythm through dance. This drumming group will help boost mood and improve coordination. Let's move, groove and have fun



MINIATURE PONY VISIT

Spending time petting and interacting with the miniature pony. Residents enjoying the calming presence of these beautiful animals and relive the magic of childhood memories



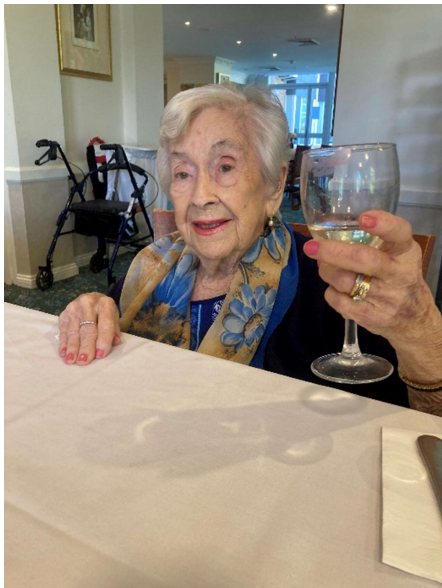
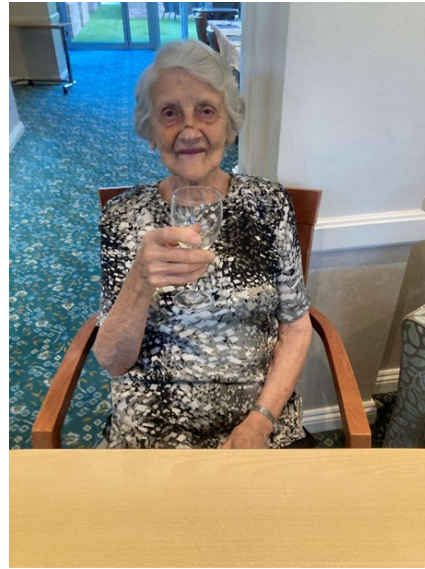
BOWLING

Get ready for some friendly competition and laughs whether you're a seasoned bowler or trying it for the first time, this activity is all about having a great time, staying active and fostering friendships



HAPPY HOUR

Let's raise a glass to good health, happiness and our Turramurra community, from our family to yours



AROMATHERAPY SPA DAY

Treating your feet to some well-deserved relaxation with a soothing Foot Spa by our aromatherapist, Cathy. This calming experience rejuvenates your body and mind



AUSTRALIA DAY

Australia Day was a wonderful celebration of our nation's history, culture and community



CHINESE NEW YEAR

Celebrating the Chinese New Year with joy and colour. The home was beautifully decorated with festive banners symbolizing good luck and prosperity. Our residents enjoyed a special Chinese inspired menu.



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UPCOMING EVENTS

Coffee shop outings to St Ives shopping centre
complementing our bus outings

Homophones, words that sound the same but
are different like hare and hair

Similes, a rhetorical figure of speech used to
compare two things like as quiet as a mouse

Oxymorons, a figure of speech that combines
contradictory words with opposite meanings
like Organised chaos

Completing famous sayings and quotes like
You take a horse to water but ...

...

Relaxing with our monthly Foot Spa days

Library books and one on one with the
residents with the option to sign up for a
a home delivery of books from
Ku ring gai library

