



THOMPSON
HEALTH CARE

APRIL 2025 ACTIVITY CALENDAR - AVALON HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	APRIL FOOLS DAY 9.00 HAIRDRESSING 10.00 PET THERAPY 11.00 ROOM VISITS 1.30 POETRY READING 	2 10.30 BALANCE AND STRENGTH 11.00 GAMES (D)  1.30 BUS TRIP 1.30 DOCUMENTARY	3 11:00 COOKING (D) 11:00 EXERCISE STEPHEN 1:30 CONCERT ANNETTE CONCERT	4 10:30 BUS TRIP 11:00 EXERCISE 1.30 BALLOON TENNIS	5 11.00 SINGALONG  1.30 BINGO 1.45 SINGALONG (D)	6 11.00 SONGS OF PRAISE  1.00 SUNDAY MOVIE & ICE CREAM TROLLEY
7 10.30 MARIA REGINA SCHOOL VISIT 1:30 RESIDENT MEETING	8 9.00 HAIRDRESSING 10.00 PET THERAPY 11.00 WALKS AND TALKS 1.30 CONCERT JULIET ON PIANO CONCERT	9 10.30 BALANCE AND STRENGTH 11.00 GAMES (D) 1.30 BUS TRIP 1.30 DOCUMENTARY	10 11:00 SINGALONG (D) 11:00 EXERCISE STEPHEN 1:30 STAFF & RESIDENT EASTER RAFFLE & AFTERNOON TEA	11 10:30 BUS TRIP 11.00 FLORAL ART  1.30 CONCERT WITH LOVE DUO	12 11.00 FIND A WORD  1.30 BINGO 1.45 SINGALONG (D)	13 11.00 SONGS OF PRAISE  1.00 SUNDAY MOVIE & ICE CREAM TROLLEY
14 11.00 MONDAY MORNING GET TOGETHER 1.30 BOWEN THERAPY DEMONSTRATION	15 9.00 HAIRDRESSING 11.00 ANGLICAN CHURCH SERVICE 1:30 AGELESS MOVES	16 10.30 BALANCE AND STRENGTH 11.00 GAMES (D)  1.30 BUS TRIP 1.30 DOCUMENTARY	17 11:00 COOKING (D) 11:00 EXERCISE 1:30 CONCERT GREG McCOSKER CONCERT	GOOD FRIDAY 11:00 SINGALONG 1:30 EASTER BISCUIT DECORATING	EASTER SATURDAY 11.00 REMINISCING  1.30 BINGO 1.45 SINGALONG (D)	EASTER SUNDAY 11.00 SONGS OF PRAISE  1.00 SUNDAY MOVIE & ICE CREAM TROLLEY
EASTER MONDAY 11.00 MONDAY MORNING GET TOGETHER 1:30 ANZAC BISCUIT MAKING	22 9.00 HAIRDRESSING 10.00 PET THERAPY 11.00 ROOM VISITS 1.30 POETRY READING 	23 10.30 BALANCE AND STRENGTH 10.45 CATHOLIC SERVICE 1.30 BUS TRIP 1.30 DOCUMENTARY	24 11:00 SINGALONG (D) 11:00 EXERCISE STEPHEN 1:30 CONCERT MURRAY FURGASON CONCERT	ANZAC DAY 9:00 ANZAC DAY MARCH THE LAST POST SINGALONG 1.30 ANZAC DAY CHURCH SERVICE	26 11.00 FIND A WORD  1.30 BINGO 1.45 SINGALONG (D)	27 11.00 SONGS OF PRAISE  1.00 SUNDAY MOVIE & ICE CREAM TROLLEY
28 11.00 MONDAY MORNING GET TOGETHER 1:00 MUSIC THERAPY (D) 1:30 DRUMMING	29 9.00 HAIRDRESSING 10.00 PET THERAPY 11.00 WALKS AND TALKS 1.30 TRIVIA / WORD GAMES 	30 10.30 BALANCE AND STRENGTH 11.00 GAMES (D)  1.30 BUS TRIP 1.30 DOCUMENTARY	WE WOULD LIKE TO ACKNOWLEDGE THE GADIGAL PEOPLE OF THE EORA NATION, THE TRADITIONAL CUSTODIANS OF THIS LAND, AND PAY OUR RESPECTS TO ELDERS BOTH PAST AND PRESENT.	DAILY 9.00-10.30AM NEWSPAPER / MAIL DELIVERY ROOM VISITS COFFEE CLUB 3.45-4.45 HAPPY HOUR		